Q1) Spirituality is something which connects us to the divine. Although the divine may be different for different person. for eg.- An Atheist may see her conscience as divine while the believer of god, may see the god as divine.

- Among many methods to increase the productivity, spirituality is one.
- Spirituality may affect the product in several ways:-
  - It gives more control over the passions and desires, thus the energy of the individual may be streamlined to gain productivity. for Eg:- Through the Pranayams, one gains more control over the desire of smoking, and thus, the time spent on smoking may be utilised productively.
  - It also gives the clarity of the

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goals. For example - The values such as human welfare are more close to the spirituality and may be inculcated in civil servants through use of it.

Spirituality also helps in identifying the self and the functions of the self which are living a virtuous and productive life for the good of the society.

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Q.8) Personal effectiveness to me is to have the effect of the personality or views on the giving situation. For example :- A personally effective leader could generate the much needed momentum on the sanitation in India (our PM).

- Self awareness is a tool to know the self, thus through this one can identify the weakness of the self, & strong points of the self, suitability to the situation of the self.

- By identifying the weaknesses in the self, one can take corrective measures to rectify them. For Example :- If someone come to know about her habit of getting angry one can start couting to ten, to calm down. This would enhance her effectiveness in different situations.

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While identifying positive aspects of self, one can apply those aspects to solve the problems. For example :- If some one has good ability of communication, it may utilise it to crisis management.

In fact personal awareness is one of the prerequisite to excell in the fields of life.

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Q(3) Self is an universe in itself as it is virtually impossible to know it fully.

- Due to this fact there are always chance of improvement to the self.
- Infact the Mahatma Gandhi, Buddha are the figures, who were able to explore the self to a greater extent and could control it.
- For example Buddha says that sorrow originates from the self through the origin of the desires so to control the pain and sorrow one has to control the desires in the self, as we may not have control over the outer world.

This is the reason, why it is said that true happiness lies in the inner world.

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reason origin of most of the problems such as corruption, genders or caste discrimination, terrorism may be traced down to the self of the individuals, who fail to identify ~~who~~ who are they and what is purpose of their life.

Thus if everyone look in one's own conscience, world outlook can improve a lot.

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Q(4) Problems were always there in front of the society but most of today's problems has their origin in actions of human.

- For example the problem of climate change, if the human has followed the values of the control over the desires, simplicity many would have this problem be so large.

- It is not only the desires but lack of the proper ethics and morality which has exaggerated the problems.

For Example. If ethics of the honesty, impartiality are followed ~~many~~ ~~#~~ there would be no problems of corruptions, leakage etc.

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Also, frauds like Satyam, Volkswagan Emission Scam would not have occured if the the ethical norms of corporate governance were followed.

Thus today's Knowledge based Society needs the guidance of the wisdom to take the rational path of living the life

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Q. Freedom is considered to have two components, to be realised fully

(i) External (ii) Internal.

While it is true that feeling of the freedom comes from within but external factors also have roles to play. For example: We can not expect a bonded labourer to exercise his free will of living good life. Apart from physical restraints, external environment, leads to mental restraints also, which ultimately hamers the capacity to think. For example: If freedom of expression, freedom of faith and belief is not secured to the citizen, they would not realise what freedom is.

while a basic level of external freedom is necessary, the apex of the freedom comes from the mind and spirit. Thus through the control of the passions and desires, which always creates hurdles to liberation. One can achieve the real freedom, that is the Moksha.

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Q(6) Among other values, Aesthetic values are very important to impart quality to the life.

- These values such as sanitation cleaniness hyegeine are at multiple levels to improve the quality of life.

- For example if 100% sanitation (No open defaccation) is there, there would be less diseases and thus disease free life would be a good quality life.

- Also, these values gives the sense of being good and thus motivates the mind to do the good action and if good actions are done by someone than there would certainly be good outcome, that would lead to good quality of life.

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on a different aspects If some one tries to improve the aesthetic values of inner self, it would lead to a virtuous life which is necessary to live a quality life.

This is the reason why aesthetic values were given due importance in terms like purity of mind, by the great thinkers such as Gandhi, Buddh

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2(f) morality ~~over~~ itself is doing the right things on the basis of reason.
For poverty it would be of great help.
If the society does the moral action it would not only lead to less discrimination with poors, which is big problem.
For Example :- If people in place of donating huge sums to the godmans, donate that money to the goverment schools, a lot can improve in schools.
On individual level, if we start doing things which are morally correct, poverty can be reduced.
For example :- If we voluntarily give up the subsidies, that

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money can be diverted to poor people's welfare.

In the administration level if civil servants follows the morality and remain available to the people, not involve in the corruption. Various governme schemes would be successful and thus the poverty itsef may be eliminated.

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प्रश्न संख्या (Question No.)

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Q8 There is indeed a value crisis in contemporary Indian society as evident by frequent news of growing incidences of corruption, crime, caste-discrimination, gender violence.

The effects of these crisis can be felt in all spheres of life

- While at individual level there growing feeling of insecurity among the citizens, there is decreasing level of trust among the people, which is again increasing the value crisis, as the social security net is ~~are~~ at decreasing path.

- In the professional life the value crisis is taking it's toll in the form of

corruption, frauds, more attraction towards highly paid jobs while ignoring the health, family. This ultimately harms the work environment and decrease the productivity.

At social front too, decreasing child sex ratio, gender disparity causes ~~an~~ a vicious cycle of violence either mentally or physically, which is difficult to break.

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Q(9) Disvalues are undesired values which harms the growth of human welfare and society.
Corruption in public services is one of the chief hurdles to realise the dream of democracy, that is human welfare and creation of an ideal welfare state.
Corruption not only decreases the chances of public welfare through siphoning off the benefits, which were intended to the poor, but also ultimately lead to trust deficit between public and state.
For Example :- Among many reasons Naxalism, lack of development is one, that is caused by corruption in mining, in various schemes.

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As occurence of disvalue with high skills is highly unwanted due to potential of harm to society, it is due to the fact that many a times these highly skill civil servants skips the punishment and thus may act as an example to follow.

This again reduces the effectiveness of the judicial sys and thus democracy again comes in the danger.

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Q(10) Honesty is a ~~posit~~ value of being objective, having integrity and following the ethical and legal norms.

Honesty may help in different ways:

(i) Honesty to the service and to the people decreases the trust deficit.

For Example: If i am honest i would try be more transparent in my action, which would increase the trust of the people and getting trust of the people is one ~~#~~ of the requirement of being a good civil servant.

(ii) Honesty would also lead to an example to others which if follow my action would, ultimately increase

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the efficiency of the administration.

ii) Honesty would also promote other values such as selflessness, objectivity, accountability. It is due to fact that a honest civil servant always gives the best advise and best action when asked for.

Thus honesty would help through multiple ways to be a good civil servant.

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