

ETHICS, INTEGRITY AND APTITUDE

Time Allowed: 3 hrs.

Max. Marks: 250

Q.	Marks	Instructions to Candidate
1.		<ul style="list-style-type: none">• There are 19 questions.• All questions are compulsory• The number of marks carried by a question/part is indicated against it.• Content of the answer is more important than its length.• Answers must be written in the space provided.• Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.
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1. Invigilator Signature _____

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Name AVINASH SHINDE

Roll No. 1867

Mobile No. _____

Date 09/09/17

Signature _____

SECTION - A

Q1. What is the difference between management and administration? What do you mean by a formalized administrative structure? How does it help in administrative management?

(150 Words) (10 Marks)

Management and administration are frequently used interchangeably. But, following differences can be made out-

1) Administration is at the top level and decides the policies and course of the organisation.

While ~~Administration~~ Management concerns itself with the implementation of policies and schemes decided.

2) Administration is deliberative function. Management is executive function.

3) Management works within the premises drawn by the administration.

Formalised Administrative structure:-

The term can be understood as well structured, stable, decided skeletons

Remarks

of the organisation:

- It will include -
- Defined hierarchy
 - Division of work
 - Unity of command
 - Fixed Accountability
 - Personnel management
 - Defined remuneration.
 - code of conduct

It helps in administrative management

- to fix the responsibility.
- to maintain the channel of communication.
- to ensure seamless work to be carried out.
- to reduce the discretion

3 1/2

- objective evaluation of performance.

- maintain the organisation.

more significant source of administrative management

Discuss of

Remarks

Q2. What is essentialism? Do you agree that men and women are suitable only for certain kind of administrative assignments and so assignments should be gender sensitive?
(150 Words) (10 Marks)

Essentialism - It is the ~~attributed~~ school of philosophical thought which considers that every entity has a set of attributes which are necessary for identity and nature of function.

e.g. Men and women have different biological, physical attributes and hence have different capabilities.

The issue of suitability of men or women for certain kind of administrative assignments can not be generalised and can be studied considering the context.

e.g. A woman police officer will be more suitable to counsel the rape victim in comparison to the male officer due to degree of comfortness.

Remarks

of that victim.

There is no doubt that women are equally qualified to do the jobs that are ~~being done~~ by their male counterparts.

Recently, government has started recruiting women at constable level in some of CRPF forces. There is also growing voice regarding role of women as the combat personnel.

Hence, biological and physical making of men and women ~~are~~ is different and can make some of the functions

more suitable to men or women depending on the nature of function.

~~But~~ There is ~~no~~. Hence, making them gender sensitive. ~~But~~ There should be no place to gender discrimination.

4

good

Remarks

Q3. It is rightly said that governance has to be ethic-conscious since its entails efforts towards ensuring public well-being however, the hierarchial system and lack of accountability creates more ethical problems than it solves. Why? Enlist the instruments required for making the citizens an integral part of the governance. (150 Words) (10 Marks)

Governance decides the quality of public functions which are done by the government.

In the diverse country like India, facing issues like poverty, illitrary, unemployment, we need ethic-conscious governance. It will ensure development of society.

But, hierarchy and lack of accountability creates problems in achieving ethical governance.

It leads to more rigid system. There is lack of autonomy, innovation and new initiatives.

Rigid hierarchy also leads to poor performance evaluation and promotions.

Remarks

Lack of accountability leads to misuse of power, faulty allocation of resources, corruption, nepotism and so on.

Accountability helps in fixing the responsibility, maintaining integrity. Hence, lack of it will lead to unethical governance.

Citizen participation in the governance hence becomes more important being the stakeholder. Following are instruments for their participation.

- 1) Citizen charters
- 2) Social Audits
- 3) Informal setups like NGOs, Civil society organisations
- 4) Legal statutes like RTI Act,
- 5) New initiatives like e-gov.in, Mann Ki Baat where citizens can actively take part.
- 6) Gram Sabhas, Mohalla Sabhas, Janta Darbars and so on.

4

good approach

Remarks

Q4. Regular elections ensure that the citizens are not stuck with bad leadership but this phenomenon of regular election is the biggest reason for decrement in the ethical conduct of leaders. How can you justify the importance of free and fair election in the democratic system?

(150 Words) (10 Marks)

Democratic system, in particular to India, is representative democracy where people choose their representative by elections (first past the post system).

Hence, ~~voting~~ ^{elections} becomes crucial in democracy.

Problems of regular elections ⇒

Regular elections leads to! The rent-seeking behaviour by the leaders. As the avenues of misuse of power are increasing

there ~~is~~ ^{will be} race to win the elections.

The elections are fought on the basis of caste, religion, Misuse of money is also prevalent. This brings down the ethical quotient of the society.

Remarks

Importance of free and fair elections

- 1) It helps to fix the accountability of leaders (though periodic).
- 2) It gives equal opportunity to all to contest and win the elections.
- 3) It is the vital symbol of 'social contract' between the individuals and government.
- 4) It helps to maintain the faith of individuals in the society.
- 5) It makes the legislature truly representative.

Election Commission of India with the help of Supreme Court has taken many initiatives to make elections in India free and fair,

good

4

Remarks

Q5. How does epistemology help a judge in the court of justice in making judgments in case of social and religious beliefs (jalikattu or triple talaq)? Explain role of epistemology in administrative decisions through an example. (150 Words) (10 Marks)

Epistemology is about finding the rationality behind a particular belief and not the outright rejection of the belief.

Hence, epistemology brings in objectivity and scientific temper in decision making.

It also helps to defend the actions in the public.

Epistemology will give reasons for the belief.

e.g. Triple talaq.

In this case, common belief in particular religion is that women are discriminated in personal laws.

Remarks

Epistemology will help to scrutinise rationale behind triple taq.

Rationality guides to scientifically analyse this belief

e.g. Quran → source of religion does not mention this practice

e.g. Muslim majority countries like Pakistan, Iran also do not ~~participate~~ have such practices.

2 1/2

Hence, epistemology will help to strike down such beliefs with reasons. respect

Need to discuss with respect to every aspect of the question

Remarks

Q6. Which should guide a police officer deciding to fire or not to fire on a protesting mob - 'deontology or consequentialism'? Give reasons. (150 Words) (10 Marks)

Deontology and consequentialism are two distinct though schools of ethics.

Deontology - An action will be called 'ethical' when the 'means' of that action is ethical.

Consequentialism - Consequence or end will decide the ethicality of the action and not means.

* Case of police officer deciding to fire or not to fire on a protesting mob.

⇒

In this particular situation, maintaining law and order is 'an end' and 'firing' is one of the means.

Consequentialism will guide to fire on a protesting mob to maintain law and order.

Remarks

If the mob is becoming more and more violent which is leading to disruption of peace, damage to public property then it becomes important to take action against the mob.

But, initially the less severe measures like water cans, tear gases, baton-charge etc. should be used before going for firing. This will ensure use of deontological philosophy.

But, firing should be last resort in this case.

Hence, if deontology fails, one ~~will~~ may go for consequentialism philosophy.

They should be better guided by ethical pragmatism.

31/32

Remarks

Q7. What is the relation between vision and mission? How does building camaraderie help in achieving vision and mission in an administrative set up? How can camaraderie be developed?

(150 Words) (10 Marks)

Vision and Mission are correlated and impacts each other.

Vision is more of a road map or objectives of the organisation. It is futuristic in nature.

While Mission is more of purpose and primary objectives of the organisation.

~~Mission is~~

Vision decides 'Where' should organisation be in the future. Mission is 'how' to reach at that location.

Role of camaraderie ⇒

Camaraderie is maintaining cordial relationship among the employees, and improving work ethic and culture. It helps to synchronise the efforts of all in achieving the vision and mission.

Remarks

It helps to motivate the employees.
 It helps in improving performance of individuals. It helps to build trust.
 It helps in resolving disputes cordially.
 It creates sense of mission and devotion to the work.

Comraden'e can be developed with efficient personnel management, participation of employees in decision making.

Awarding and recognising well performed and skilling those who left behind will also help.

Leadership which is participative and highly ^{ethical} desirable in the organisation.

good

4

Remarks

Q8. One of the foundational value of public service is 'Selfless Service'. But life is not so black and white. There are grey areas that pushes to compromise with situation to survive. In this context critically analyze and illustrate whether a civil servant can serve 'selflessly'.
(150 Words) (10 Marks)

'Selfless service' is to serve the nation without personal interests and public interest superseded above all other interests.

Civil servants have huge powers and avenues of corruption. They also enjoys many discretionary powers and tasked with allocation of resources. So, selflessness of the individual is the cardinal ethical value that one must possess.

In the absence of accountability mechanisms and scrutiny, one with low morals may work for 'self'.

e.g. Accepting high value gifts from corporates for favourable decisions.

Remarks

Discuss various other grey areas which make a civil servant compromise.

But, Individual can serve selflessly? Honourable former President Abdul Kalam in his book 'Advantage India' helps to solve this problem. He gives pledge to new entrants of civil servants of - "I will work with integrity and succeed with integrity". For this one must build their own 'brand of integrity'.

Patriotism, honesty, devotion to job, integrity and care to compassion for down-ridden will help to achieve 'selflessness' in real life.

3 1/2

Remarks.

Q9. What do you mean by Trust? How this value will help you in becoming a good Civil Servant? How a Civil Servant can sustain trust in his entire career? What are the challenges in doing so?

(150 Words) (10 Marks)

Trust is set of belief, reliability and confidence on one's ability and nature of ~~behaviour~~.

Trust plays vital role in human life as human is a social animal.

As a civil servant it will help to become a 'good civil servant' as -

It will help in maintaining trust relationship based on trust. It will also help in carrying out many works.

Trust also creates binding force at the work culture. It helps in creating reliability and faith in the system.

It will help in persuasion.

Remarks

Trust can be sustained by keeping the words said and promised.

It takes huge courage and suffering to maintain trust. Compromises

are also common to maintain trust. What about the role of core values in it?

The challenges in sustaining trust could be unavoidable and undesirable circumstances which leads to breaking commitments.

One may face many difficulties to sustain the trust.

Ultimately trust decides the value of individual and place in the hearts of employees.

31
32

Remarks

Q10. "Where law ends, discretion begins, and the exercise of discretion may mean either beneficence or tyranny, either justice or injustice, either reasonableness or arbitrariness". Discuss with reference to the need of ethics in administration.

(150 Words) (10 Marks)

Civil servants are guardians of the constitution and also the guardians of finest ethics.

They enjoy huge powers - discretions and authority and hence equal responsibility.

The laws which are codified are not clear and leaves space for speculations.

Also, with the growth of the administrative laws, more and more

discretions are being given to civil

servants. This worthout commensurate of mechanisms of accountability.

Hence, it provides avenues of corruption, misuse of power, favouritism and

so on.

Remarks

Not an appropriate term

Discuss

the advantages

of discretion

Hence, ethics in administration is need of the hour.

In the country like India, administrators need discretion. But ethics will help them to guide their action

Ethics will help to resolve dilemmas.

Highly ethical administrator will be motivated and devoted to public interest

Ethics will help in fixing responsibility and maintaining integrity of the organisation.

Ultimately it will help to maintain the faith and bridge the trust-deficit between administration and the society

3

Remarks

Q11. Despite his charity, his integrity and his loyalty, Karna, one of the mightiest characters' of Mahabharata suffers all his life. What a public servant can learn from the life of Karna?
(150 Words) (10 Marks)

Remarks

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Remarks

Q12. Do you agree that one major step for reducing malpractices in organisation is providing accessibility of complainants to people? As a head of the government organisation what steps will you take to provide access to grievance redressal properly?

(150 Words) (10 Marks)

Fixing

Accountability and responsibility is very important to ensure the reduction in malpractices.

If one goes away without any punishment for malpractices, it harms the moral of employees in two ways -

- It leads to more employees resorting to such malpractices.
- Deterrence of the law/authority reduces.

Hence, people should come out with their complaints and help to fix the accountability.

As a head of the organisation, I will take following steps to provide access to grievance redressal properly -

Remarks

- 1) Special departments for registration of complaints.
- 2) Complaint boxes at accessible locations
e.g. near canteen premises.
- 3) Online registration of complaints.
- 4) A special mobile application for complaint registration.
e.g. Meri Sadak App for road complaints.
- 5) Regular and frequent direct and indirect interaction with employees.
- 6) Special representatives to register complaints related to women employees.

Hence, I will try to address these complaints with follow-up actions and monthly reports of action taken reports.

4

good

Remarks

Q13. Temperance and Prudence fetch respect from colleagues rather than the high intellectual level. Do you agree? Illustrate with example. (150 Words) (10 Marks)

Temperance is self-restraint and self-control while prudence is the quality of maintaining cautiousness.

Both of these qualities are important at the workplace to maintain the work ethic and high work culture.

Temperance and prudence are individual virtues which plays important role in deciding efficiency of the action.

Intelligence only will not be helpful to service as other virtues are also important.

Efficiency can be achieved by spirit and devotion to service.

Need to supplement it with example.

Remarks

SECTION - B

In the following questions carefully study the cases presented and then answer the question that follows:

Q14. Ragging usually begin as an innocent tradition to get new students acquainted with each other but has gradually become a method by which anti-social elements of the institute assert their dominance on the campus.

You are Vice Chancellor of a university where 20000 students are enrolled. Every year the cases regarding ragging of fresher students by the seniors are reported. Recently a fresher student became victim of frequent ragging and sometimes violence when apparently he defied irrational and vulgar demands of the insensitive seniors. He complained to you related to that next day. Answer the following based on the above case:

- What would you do to restore the loss of self-esteem, to the victim?
- How will you remove the feeling of helplessness and being let down in freshers, for no fault on their part?
- If the students involved in ragging are identified, what will you do?

(250 Words) (20 Marks)

A student has become victim of frequent ragging in the college. And, he has come to me (as Vice Chancellor) complaining about the issue.

(a)

Ragging is the worst form of robbing one's dignity and may lead to loss of self-esteem of an individual as in this case:

I would take following steps ⇒

- Immediate action → Verbal assurance and psychological counselling of the

Remarks

victim which should help him to recover.

I would assure him about the justice will be made and guilty will not be left free.

Parallely I will ask the college Head to send a detailed report regarding the issue.

Apprise the victim of this goal & motivate him to stick to it.

(b)

I will take following steps to remove the feeling of helpless in freshers -

i) Thorough auditing and action taken reports from all colleges and institutions which are under my jurisdiction.

ii) Compliance report from colleges regarding-

i) Anti-ragging Committees

ii) Anti-ragging squads

iii) Dissemination of information regarding anti-ragging — mandated by UGC Notifications.

Remarks

2

- iii) I will ask colleges to conduct more and more formal gatherings, parents meet
- iv) strict warning to wardens of hostels to work vigilantly.
- v) Capacity building and training to security personnel.

Cc) -

Ragging is prohibited as per law and colleges inform and educate students regarding anti-ragging rules at the time of admissions.

Hence, students involved in ragging will be punished as per the provisions of law, e.g. suspension and warning.

~~A~~ Ragging is a social menace and hence needs to be dealt with the appropriate ~~both~~ actions as per law.

It should be only in terms of disciplinary action

Remarks

Q15. Consider this latest trend in the Indian society. Girls are coming out, that is new India. They work in late and night shifts. They travel desolate and lonely places alone or with their team mates and bosses for work. The mindset of a major chunk of educated and uneducated males both in India, however, has not changed as fast and girls remain vulnerable on bus stands, metros, roads, subways and offices. This is evident in almost all the metro cities and even in some small towns and villages. Answer the following questions:

- Suppose you are the police head of one such place where working girls are assaulted very often, what will you do to stop such a menace?
- If you have to have an interaction with Chief Minister and Home Minister of the state, what would be your suggestions for improvement of such situations in the metro cities of your state and small towns or villages?
- Will there be any difference in your approach with regard to metros and small towns/villages in this regard?
- Is there any need to meet people in this regard on the available forums in the area? What will you convey?

(250 Words) (20 Marks)

I am the police head of an area where discrimination of women is prevalent and they are vulnerable and unsafe at public places.

The ethical dimensions - in this case are - dignity and pride of the women,

equality of gender, law and order.

(a)

To stop assault of working girls I will take following steps -

- ~~I~~ Meeting with industrialist and corporates to work out the

Remarks

solution for travelling of women from home to workplace.

e.g. 'SHE shuttle' started by Ranchakonda police.

(ii) Vigilance by female police in the civil uniforms at public places to nab the frequent wrongdoers.

(iii) Name and shame → The culprits can be named and shamed in public places for their wrongdoings.

(iv) New technological initiatives like female guards; 'Buddy Cop' system

as done by Pune Police; applications like 'Citysafe' can be started.

(b)

Following will be my suggestion to the Chief Minister and Home Minister-

(i) complaint boxes at public places

for grievances faced by women.

Remarks

2 1/2

Setting a 24x7 helpline is also a handy step

(ii) Increase, The ratio of female police in police department which is currently abysmal at 8%. It will help the women to approach police.

2

(iii) Universalisation of initiatives like

'SHE shuttle', 'Buddy cop' system, etc.

(c) How can they be helpful in promoting that change? The nature of ecosystem of metros and small towns/villages prompts to have different approaches to solve the problem.

helpful
Attitud-
change

1 1/2

In metros, women are more aware, vocal to their problems and have ^{more} avenues

of grievance redressal in comparison. e.g. Inadequate policing in rural areas.

(d) Awareness generation is key to tackle

this problem. Hence, meeting people becomes important.

1 1/2

I will convey the importance of women in the survival of mankind, emotional appeal to people using example of 'pledge of all Indians are my brothers and sisters'. At the same time, I will also convey the punishments that can be made to

Remarks

chapters

Q16. A young civil servant, after completing his training schedule, joined an assignment in a government department. He as a young and, zealous officer tried to implement the ideas for change and improvement in the existing system by adopting innovative ideas and out of the box thinking, but found hierarchical set up too feudal in mindset to allow new thinking and experiment. He was very frustrated to find that he was just a small cog in the system with no say at all in the decision making. He also found that there was no mechanism to raise the issue without attracting the ire of his seniors. He decides to quit the job, which is too monotonous, onerous and lacking in space for new things and liberty to make things better. Answer following questions:

- (a) What are the issues that a new entrant into the service face?
 (b) Examine those issues and find possible solution. (250 Words) (20 Marks)

A new entrant into the civil services is highly demoralised after entering in the actual job profile.

Below are the issues faced and possible solutions for those \Rightarrow

Issue -
 1) Highly status-quoist nature of job

The civil services are highly rigid in nature with the hierarchical set-up,

seniority surpasses all kind of mindset

solutions -

a) More flat organisations

b) Merit based system in promotions

c) Appropriate training to new entrant

and also to those already in service.

Remarks

points

2) Issue - lack of participatory management

The civil services are highly monotonous, lacks the participatory approaches in decision making, performance evaluation, problem solving, etc.

solutions -

a) Promote participation of co-workers in decision making

b) Involve subordinates in their performance evaluation.

e.g. 360° Performance evaluation as suggested by Second ARC

3) Issue - 'Ineffective Grievance Redressal mechanisms.

Grievances faced by the subordinates most of the times go unheard due to fear of seniors and lack of commitment by seniors in solving the problems of subordinates.

Remarks

solutions -

a) Outline grievance redressal mechanism inside the organisation.

b) Organised procedure to address those grievances.

^{new entrants in}
The civil services are also facing various issues such as - harassment by political bosses, high mental pressure, lack of cooperation from subordinates and seniors.

Hence, they have to be emotionally competent. They should know their job profile very well.

'Badal rakta hai' attitude is important.

After all, civil servants are the guardians of our democracy.

As former President Abdul Kalam has said, one should create his/her 'BRAND OF INTEGRITY' to SUCCEED WITH INTEGRITY'.

Remarks

Better discuss both part of the question separately.

Q17. Consumer Oriented growth combined with rapid product obsolescence and technological advances are new environmental challenge - the growing threat of "Electronics Waste" or "E-waste" that consists of obsolete electronic devices. Though the government has designed E-waste management rules but the implementation of it are poor. As a head of NGO what steps can be initiated to provide skill to the informal workers which are handling the e-waste and suffering from diseases arising due to it. Further how you may bring different stakeholders at one platform to initiate implementation of E-waste Management Rules.
(250 Words) (20 Marks)

E-waste is poised to increase multitudinally and hence poses great threat to environment as well as human health.

I am the head of NGO and came across the problem of informal workers in E-waste management.

Following steps will be initiated to provide skill to the informal workers-

1) Comprehensive data collection regarding the problem which will be base for my further course.

2) Awareness campaigns, pamphlets distribution, use of social media to

Remarks

gather the informal workers to disseminate information.

3) ~~set~~ Distribution of safety gear like handgloves, masks, shoes to these informal workers. skill training by experts in handling

4) Educating them about ill-effects of

the E-Waste's improper handling.

5) Providing health care to affected workers.

Long Term - As provisioned in the

E-Waste Management Bill, it is desirable to end informal sector handling E-Waste.

Hence, education of children, rehabilitation of workers, skilling and reskilling

them hence to improve opportunity to work in formal sector will be

my long term vision to deal the issue of informal workers.

Remarks

Stakeholders involved in E-Waste management are -

- i) Producers
- ii) Distributors and retailers
- iii) Consumers
- iv) NGOs
- v) Government authorities
- and vi) Informal/formal workers.

Hence, its a hard task to bring all stakeholders at one platform.

I will use social media (e.g. Whatsapp group) to disseminate information regarding meets -

I will also send my representatives to informal recycle hubs which are there in the premises.

I will also use pamphlets, ^{help of} government officials and local representatives to bring as much as stakeholders at one platform.

Remarks

Government regulation should be implemented with double & heart.

7

Q18. You are a head of the IT department in government office. Due to the launch of Digital India programme, the work pressure has increased tremendously but you have poor manpower to handle the situation so you can either reduce the level of challenges to something more manageable or increase level of skill. But reducing the level of challenges is infeasible as you can't mould the outer circumstances. Hence, how can you improve the level of skill? How will you make sure that your colleagues accept the changes wholeheartedly?
(250 Words) (20 Marks)

As a head of the IT department it has become my responsibility to work on Digital India programme with limited manpower and challenging nature of job.

To mitigate this problem there is need to improve the level of skill of my team. It can be done in following ways -

1) Technical skills -

a) By arranging workshops on new technological skills.

b) Improving skills of subordinate level employees which can able to handle the needs of higher positions.

Hence, optimization of human resources.

Remarks

2) ~~No~~ Emotional skills -

- a) stress-relief training to my staff.
- b) More avenues of informal gathering to make work environment more enjoyable.

It is tough task to carry forward the energy of all staff members in achieving one particular goal. I will take following initiatives to make this happen -

- 1) Awards and recognitions for those who are performing well. This will help in motivating my staff members.
- 2) ~~Punishing~~ Helping to those who are struggling to work at their best.
- 3) I will try to avoid pointing fingers to a particular employee, which

Remarks

may affect team morale.

4) I will set an example with my own level of dedication and enthusiasm to work. This may help to seek motivation to others.

5) Maintaining proper channels of formal and informal communications to convey the goals, feedbacks and need and expectations.

6) Maintaining cordial and pleasant workplace.

This particular task checks the leadership abilities, work culture, team work, dedication and mission for work.

I will try to drive my team towards success with above initiatives.

Remarks

Q19. Due to the contemporary developments in the information technology and convergence, the accesses of adults and children to media including variety of entertainment have increased. The children have impressionable minds and the quality of entertainment would have a bearing on them even when they grow adults. One moderately rich family has two children who have given mobile phones to their children with internet connection so that they can complement their studies with huge amount of information and aids available on the internet. Father encourage children to 'grow with the technology of their times' and rather than 'forcing discipline' on them. However, there is also misuse of information technology. The students are engaging in many undesirable activities outside the school, especially their exposure to many computer games (Blue Whale Challenge, Dead Space 2, Mortal Kombat, Medal of Honour, Call of Duty Black OPS, New Vegas etc.), which are known to be fatal and addictive, impinging on their education and value systems;

Answer the following questions:

- What steps parents can take to stop such new and pervasive kind of menace due to the unrestricted use of the computers and mobile phones?
- What is the importance of "forced discipline" in this case?
- How can discipline be sustained for a long time without discontent of the subjects?

(250 Words) (20 Marks)

There have been increasing instances of suicide by minors due to online fatal games like 'Blue Whale Challenge', 'Dead Space-2' etc.

This has become growing concern among parents and also peculiar challenge is being faced by authorities.

(a)

Technology is good as well as bad and depends on how one uses it.

Remarks

Parents can take below initiatives to tackle this problem-

1) Keeping watch and vigilance on child

2) Psychological measures like - 'parental locks', 'checking' history' of usage, blocking certain websites, etc.

3) Lack of time given by parents to their children also drags them to such games.

Hence, more interaction with children, spending quality time together may help the parents to tackle the problem.

4) Weekend picnic trips, creating enthusiasm about nature and outside world in the minds of children is also a good option.

5) If found under stress, parent can also take help of psychologists and counselling can be done.

Remarks

