

ESSAY

Time Allowed: 3 hrs.

Max. Marks: 250

Instructions to Candidate

- Both sections are compulsory.
- Attempt one essay from each section.
- Each essay carries 125 marks.
- Write each essay in about 1000-1200 words.
- After finishing the first essay, attempt the next on a fresh Page.
- Any page left blank in the answer-book must be crossed out clearly.

(Examiner will pay special attention to the candidate's grasp of his/her material, its relevance to the subject chosen, and to his/her ability to think constructively and to present his/her ideas concisely, logically and effectively).

Remarks

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Date 8th Sept '17

Signature Amita

11/9/2017

1. Invigilator Signature [Signature]

2. Invigilator Signature [Signature]

SECTION - A

1. Many men go fishing all of their lives without knowing that it is not fish they are after.
2. The material world is simply an expression of the mind.
3. The higher we are placed, the more humbly we should walk.
4. Sports and Competition do not build character; they reveal it.

SECTION - B

1. Consumerism kills culture with overproduction and heightened sense of need, established by the marketing.
2. In the era of post truth fact depends entirely on the power of man who can fabricate it.
3. People 'over-produce' pollution because they are not paying for the costs of dealing with it.
4. There are not enough jails, not enough police, not enough courts to enforce a law not supported by the people.

Sec-
ASPORTS AND COMPETITION DO NOT BUILD
CHARACTER, THEY REVEAL IT

"It is as important to be a good loser, as it is to be a good winner."

- Bob Saget.

Great thinkers and leaders of the world have had ideas about education of a child, all of them agreed that all round development of the child is the best kind of education. From developing the Intelligence Quotient to the Physical Quotient, Spiritual Quotient to Emotional Quotient, they all play a role in developing character of a person. Educating the child in one sphere influences all other spheres.

We are to deliberate on sports and competition, two spheres that influence all the quotients of a child. The positive effects of sports on physical well-being are very well known. Being physically fit

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means it will also have positive effects on ~~other~~ other spheres of a child's life. Sports help in building physical strength and reflexes of a child. Valuable life lessons of winning and losing can be inculcated in the child which will be very useful in the future with crushing work pressures and competition. Team sports teach a child the importance of being part of a team and teaches him to let go of personal achievements for the greater good of the team.

Feeling of being part of a team produces the quality of trust between team mates and leadership. Playing sports also teaches a child's mind to focus and concentrate on the task at hand. A child hence ends up learning various life skills very early in life.

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due to pursuing sports. Whether, the child will take up sports at a professional level will depend on how well he does and the support he is able to garner. But sports help him build a character he can run with, at life.

Sports competition are also a healthy learning arena. Competition teaches a child that it is possible to change the game at any moment, he must keep giving the game his best. He will end up learning that wins and losses are a way of life and one loss will never be final.

Competition teaches a child the importance of preparation and hard work. It teaches him humility and ability to control his emotions. It teaches him the value of fair play and

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partnerships. Competition too can be a great teacher. As provided the child has the right guidance and right approach to the wins and losses.

Both sports and competition are excellent teachers of values and character building. But after the child has inculcated these values, it can also be a very clear indicator of his character in life.

As mentioned before, whether a child chooses to take it up professionally or play occasionally will entirely depend on his talent and the support that he receives. In both the ~~situations~~ situations, the way he conducts himself during these moments will reveal a lot about his character.

It has been observed that

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Leaders of the corporate world use sports as a tool to find out more about a person, and whether he has it in him to lead a company. Candidates are often invited to play some kind of sports and in that environment, the leaders can determine their successes. Sports reveals a person's temperament, resilience, partnership qualities, strategy making and many other qualities that are needed in a person to make him a leader.

When a person decides to take up sports professionally, his years of training and the character he has built will be tested for the entire world to see. ~~Competing~~ Competing professionally will mean that a person possesses exceptional skills making him capable of competing at a higher level.

This will most definitely mean that the child will start feeling special and will work to test his pride. His opinion of himself will define how he will treat others and how the wins and losses will affect the player.

When a player is very successful it will mean he will attract a lot of following and a lot of wealth. Both these give him power and as Abraham Lincoln ~~Lincoln~~ has said, "Almost every man can withstand adversity, if you want to check a man's character, give him power."

This power has been used by many players in the past for unethical illegal gains by the way of match-fixing. It is when a person starts to lust after wealth, that he loses sight of why he is playing and ~~and~~

Remarks

ends up breaching the trust of people who have admired him.

Admiration is also a tricky asset. It is very wide-ranging and it has been seen that it leads to people lust for glory beyond anything else. This lust for glory sometimes has had to players resorting to performance enhancing drugs. Not only do these drugs harm the player ~~it~~ himself but also go against the very spirit of the game. This indicates the weakness of a player and his lack of vision.

The spirit of the game is for the entire world to enjoy and hence the attempts to damage it do not go down well with the people. It has been seen that players lose their temper on fields with their competitors and even their own

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Team mates. Though passion of the game is understandable, but aggression only leads a player to damage the spirit of the game. Instances of misbehaviour with the umpires, name-calling and angry gestures towards other players create a negative image and damage the sport.

Players who have achieved tremendous amounts of fame and success often lose sight of what is correct and end up in ~~see~~ scandals which work to damage his reputation. With International Sports Agencies working hard to keep sports honest and fair, and endorsing companies not willing to partner with scandalous players, many attempts are made to keep a check on the player and his behaviour.

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And, despite there being many wrong examples of players, there are illustrious examples of players who have not only protected ~~to~~ the spirit of the game but also left the people with inspiring tales of their game.

The word of sport is full of instances of the fighting spirit of various players. Recently a very injured Thomas Berdych played against Roger Federer and gave everything ~~in him~~ to not go down without a fight. Roger Federer was also quick to credit this incredible spirit of his competitor without even a slight hint of pride. Lessons of respect and humility of the people around the world.

When a silver medalist Mary Kom declared to the world that her only regret was that she could not

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win a gold for her country, filled her countrymen with extreme pride and a spirit of oneness filled their hearts.

After series of losses when a player fights and wins again, it fills the world with a sense of hope and realisation of the need of being resilient and how there is always another chance.

When our hockey team won the world cup against Pakistan and did not forget to greet the losing team and praise them for their performance, it showed the importance of having a high big heart and how sports can also play a role in national and international integration!

Nelson Mandela realised the importance of sports to bring a country together after he became President. When

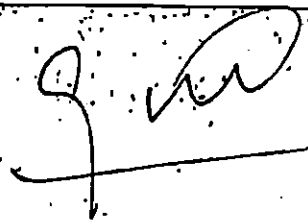
Remarks

the country was divided on racial lines, the football team victory led by a white captain cemented the feeling of nationality in the entire country.

Sportsmen who conduct themselves with grace and humility will always have a role to play in the society even after they have retired from their game. This is due to the immense respect and love that they carry in the hearts of their fans.

Women players are used to spread the message of importance of equality for girls. Players can have huge social roles to play. They can use their good will to work and gather support for the causes they believe in, they can be excellent coaches and managers of talent in the country due to their experience.

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Yet, most importantly, they are illustrious personalities that bind the nation together in the feeling of oneness. They are the ideals of the future generations showing them the correct way to live their lives. Showing people the importance of the right attitude and a strong character.

Excellent understanding. good content. effective communication. My suggestion is to improve arrangement of ideas & try to deal wholistically. ~~Every~~ Each main ideas/ views/ dimension — should be a mini essays in itself.

This how essay good logically.

- ie ① Sports & competition — winning lies at the heart of both.
- ② Both reveals — Good & Bad } illustrate
- ③ Modern Sports.
Business/ sports/ Entertainment.
Corruption - Doping/ Separation } harmful
- ④ It shapes character also.
Teamwork, Respect, hardy feelings
- ⑤ Lesson for life & Role of institutions.

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Sec-
B

CONSUMERISM KILLS CULTURE WITH OVERPRODUCTION AND HEIGHTENED SENSE OF NEED, ESTABLISHED BY MARKETING

In ancient India, the princes of all royal families were sent to gurukuls, where they were to learn the value of education, art of warfare and discover the joys of simple living. In the gurukuls the princes had to work just like other students and do chores. This type of education taught them to value the struggle of life of the common man so that he could take over power and realise he has been powered to empower the powerless.

A royal prince had to spend the first 25 years of his life in Brahma^{shram}~~shram~~ (first phase of life) according to the vedas before he could enter the

Remarks

Grihastashram (second phase) where he will be able to have control over his life and his inheritance.

How far this system succeeded in teaching princes the value of simple living is not known, but the principle behind this way of life still hold lesson for today's consumption-oriented world.

When India became independent the economy was closed to protect domestic industry. Values of saving for the future lead to people saving heavily and thus building up reserves for India. And all this while the West was on the race to consume more! These two different approaches to savings and consuming meant that India stood firm and safe while the world economy crashed in the bubble it had itself created.

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Yet, the lessons of the past are fast diminishing on Indians as the values of saving are being lost with the new generation. Our national savings are falling and we too have adopted consumerism especially after the liberalisation of economy in 1991.

The fact that fashion industry is the second largest polluter after the coal industry says a lot about how capitalists have managed to successfully market to us unnecessary items we did not need in the first place.

→ Why has consumption increased? Q. 1

With the advent of globalisation and opening of world market it has become easier to attain items initially only meant for the wealthy few. Online shopping sites such as Flipkart and Snapdeal have ensured that the things

And consume
has new values for life

Remarks

available only in the city could be easily available in town where a major chunk of our population resides.

To add to this, mass production has made things so inexpensive that it is easier to replace things than repair them. Advertisements by popular celebrities, youtube filled with people using things people never knew existed ~~or~~ has created a huge market for consumption.

Fast fashion has taken over vintage and classics. Cheaper clothes will mean poor quality and hence need to replace them more frequently.

Urbanisation has also created a culture of use and throw. Things that take less time to be ready are preferred irrespective of the waste produced. This

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has led to issues of loss of belongingness and materialism in people. Also with the advent of ATMs more cash is available to people to spend which makes them more likely to spend on things they do not need.

Celebrities and leaders are also leading flashy and material lifestyles again fueling the need to buy more in people.

→ Issues caused due to consumerism

Such huge amounts of things used have created problems of waste. Cities are choking with piles and piles of garbage produced every single day. Just recently overpiling of garbage in Delhi has caused 2 deaths due to sliding of garbage.

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This garbage produces harmful gases and chemicals further polluting the environment, seeping into ground water and causing problems of health.

Improper waste disposal in plastic bags also leads to huge problems. For example, if a tomato is disposed openly, it will turn into powder without much pollution, but in a plastic bag it turns toxic and harms the environment.

The idea of marketing has lead the shops to keep their lights on at night causing light pollution. This ~~light pollution~~ inhibits the production of nitrogen oxide in the air which cleans the environment at night thus causing pollution and inhibiting cleaning.

Buying more and more products have lead to loss of sense of belongingness which has affected modern relationships.

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It is being observed that relationships are more fragile and momentary and there is a lack of belongingness leading to loneliness and increasing risk of mental disorders and chances of death.

What is more sad about the situation is that the poor are the ones most affected, and have the least to contribute to the problem in the first place. When the air, water etc is polluted, the rich will install filters, the poor will be hit. Filters produce slurry further aggravating the problem leading to unsustainable practices.

Also the rich, specially the ones who have benefited from green revolution are the ones who have been falling prey to problems of consumerism. They fall prey to drug problems leading to

Remarks

huge problems in the youth. These drugs are sold by anti-social elements ~~that~~ and anti-national elements that use this money to fund anti national activities and lead to security issues for the state.

There is an urgent need to check this issue but this change is being challenged by powerful countries and their ideologies.

→ Challenges to change.

When the leader of the capitalist form of economy, USA, decided to withdraw from the Paris Climate Agreement, it left a huge damage to the cause of fighting climate change. America refused to reduce its polluting consumption to save their economy because they are not the direct recipients of the

Remarks

issue of climate change. It caused a breach of trust with the entire world especially the small island nations who are most affected by climate change and do not carry an influential voice in world affairs.

The economy of USA is fuelled by consumption and it sees China and India as threats to its future. The economy of consumption that is fast catching on with the world with the fast life, huge income and the affordable foreign trips, all work to threaten the environment and hence the future of the world we live in.

The flashy and material world of the social media is creating issues that are becoming tough to fight with.

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→ Reasons of change

Yet whenever the world has been faced with unsustainable and dangerous problems, the enlightened people have always found a way to try and fight the problem.

Communities are formed that are reaching out to people to try and make them see the dangers of their lifestyle and to convince them to change for the future.

Various platforms such as TED are filled with people for ideas for the future and how people must recognise the dangers of a consumption oriented lifestyle and change.

Various NGOs are fighting to expose the pollution caused by corporates.

Remarks

Scholars and universities are trying to study the long term effects of our ways of consumption and look for more sustainable alternatives. People are advocating for simpler, waste-free lifestyles and we can be hopeful after checking the tremendous response these people are able to garner.

It is important to realise the importance of quality and that the capitalist way will only lead to increased inequalities and problems of the earth. But to start producing and reducing using quality things and cutting out poor quality materials will help build a strong future.

Small scale industries must be encouraged to produce sustainable things of daily use. Handlooms and

Remarks

traditional fabrics produced at home cause minimum pollution and produce clothes of vintage value which can be passed from one generation to another.

Even today, in our villages we will be able to see a very sustainable lifestyle and how it is possible to stay happy without the massive consumerism that is being promoted and marketed.

These are the values that the gurus tried to inculcate in the princes so they can preach a simple lifestyle in their worldly Grihastashram and then can transition smoothly into the next phase of their lives that are the Vanprasthanashram and the Sanyasashram.

The vedas have taught us to live smoothly and in a way that will

Remarks

ensure the continuation of the world.
 We must take the good from our
 ancient teachings to learn to live as
 long and sustainably as they did.

Excellence

purely suggestion is
 to bring effective
 illustrations / examples
 facts / etc.

Basic aspects on.

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Remarks

Rough Work

HUMBLE-HUMBLER SPORTS-COMPETITION

Great power - great responsibility

Define: Important good winner, loss

Background: Great minds -> education

Negatives: complete benefits of physical activity

Positives: sports

Converge: benefits - w/ person

Conclude: competition

examples ->

- Match fixing - give a fight
- misbehavior - give credit
- drugs - love for country
- mendacious - transparency
- aggression - resilience
- pension - social neg.
- scandals - political press

- benefits - w/ person
- competition
- benefits - w/ person
- sports
- Building
- materialism
- power / competition
- what induces
- loss
- loss
- loss

asset

Lincoln

International ->

good spirit -> national & international integration

scenario

ends up building a nation

ideal -> generators SPELT character!

Remarks

successes
Competing

CONSUMERISM → MARKETING

HISTORY

Define
Background
ISSUES
CHALLENGES
BEACONS OF CHANGE
WAY FORWARD

Economy → savings → consuming → link to today

Fashion → 2nd polluter

↑ link consumption
link savings

easier to buy new than repair
advertisements
youtube celebrities
online shopping (availability)
liberalisation
↑ money supply
fast consumerables
urbanisation
political leaders → flashy
agriculture ↑
Globalisation.

Why tied?

issues caused
↓
challenges in changes

Beacon of change
↓
we conclude.

- HISTORY
- GEOG
- SOC.
- POLITY
- CONSTITUTION
- POOR
- BR IR
- ECONOMICS
- AGRI
- DM
- ENVIRONMENT
- SECURITY
- ETHICS

succeeded
Imp to learn to
be go of
material
mind and soul
↓
Gandhi
relevant today
with even more
force.

ISSUES
Environ. pollution
Night pollution
X sense of belonging
value
sustainability
exploitation of poor
security → drugs etc money from assets

USA → withdrew Paris
Treaties
IR offered

challenges in
aggression exchange
working

Remarks

Urbanisation ; foreign mps.
fast life

