

# **G|S|SCORE**

**An Institute for Civil Services**

## **IAS TOPPER'S**

### **TEST COPY**

### **SHAHZAD ALAM**

**RANK - 398**

### **GS MAINS ESSAY**



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**ESSAY**

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Time Allowed: 3 hrs.Max. Marks: 250

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***Instructions to Candidate***

- Both sections are compulsory.
- Attempt one essay from each section.
- Each essay carries 125 marks.
- Write each essay in about 1000-1200 words.
- After finishing the first essay, attempt the next on a fresh Page.
- Any page left blank in the answer-book must be crossed out clearly.

*(Examiner will pay special attention to the candidate's grasp of his/her material, its relevance to the subject chosen, and to his/her ability to think constructively and to present his/her ideas concisely, logically and effectively).*

**Remarks**Name Shahzad Alam

Mobile No. \_\_\_\_\_

Date \_\_\_\_\_

Signature Shahzad Alam

1. Invigilator Signature \_\_\_\_\_

2. Invigilator Signature \_\_\_\_\_

**SECTION - A**

1. Our greatest glory is not in never falling, but in rising every time we fall
2. Health is not valued till sickness comes.
3. Death is not the greatest loss in life; the greatest loss is what dies inside us while we live.
4. People who are in a fortunate position always attribute virtue to what makes them so happy

**SECTION - B**

1. The only answer to climate change is "change"
2. Science and technology revolutionize our lives, but memory, tradition and myth frame our response
3. Universities should be a place for 'creativity', 'out of the box thinking' and 'ideological disruptions'
4. Development means only human development; all other measures of growth are misleading.

Development means only human development; all others measures of growth are misleading.

At present, India is the largest <sup>growing</sup> major economy in the world. In terms of Purchasing Power parity, India is the third largest economy and the seventh largest in absolute terms. However, As per the report of United Nation development program, India ranks at 130<sup>th</sup> position in terms of Human development Index. As per United Nation Sustainable development solution network, India is performing lesser than SAARC countries in Global Happiness Index. This indicates that human development and economic growth present contradictory picture.

In this Essay, we will explain the prominent economic growth measures employed

Remarks

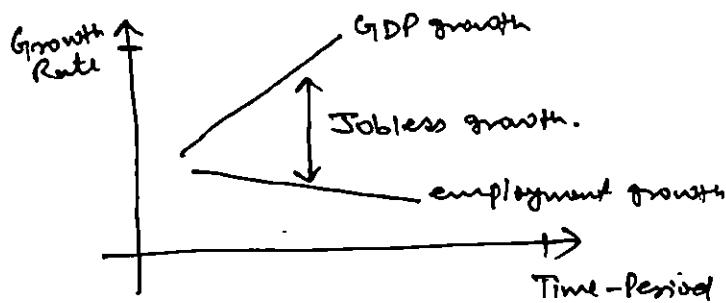
these days. Then we will discuss, how it is misleading. Then, we will discuss the essence of human development and its benefit. Given the scenario, as introduced in the essay, what steps are being taken by our government. Then, we will conclude how human development is the greater end.

Measures of Economic growth in present time find its headline in terms of GDP ~~as~~ growth. GDP is the gross-domestic product of nation. It is the market value of final produced goods in the country. It is the total sum, without accounting the source, distribution and extent of growth.

The Economic growth in terms of GDP does not capture the inequalities in the economy. Post-Liberalisation, India's GDP has taken a jump and leave behind

Remarks

the Hindu rate of growth. But, the rate at which economy is growing has not resulted into the growth of Employment.



The above graph is for representational and explains the growth in GDP has not added subsequent jobs. This is because India's growth story is mainly written by service sector, however a large proportion of population still employed in agriculture sector (49% at present).

There is phenomenon of paradox in the standard of life. It is simultaneously increasing as well as diminishing. People have sense of higher standard of life as well as constraining in space. Simultaneous development of urban slums, and large real estate building can be example of this. Traffic congestion

Remarks

~~loss of~~  
Cause endless hours on road. The air pollution in Delhi can be better example of this paradoxical situation.

Socially, Economic growth target approach has created a consumerist culture. The whole economic progress is production driven rather than need-based. Man works more than needed and resulting in decline of social interaction, communication and community participation which has been used to be source of entertainment of people.

Politically, These economic growth parameters has been used as tool. These has been used to support jobless industrial development without environmental implication. Development has become an end itself and lost the inspiration of means somewhere in the process. Development as means of human development has been sidelined.

Remarks

The Present period is termed as Sixth Mass extinction because of unprecedented degradation of environment as a result of anthropogenic factor. Climate change is never of much concern as today and that because of economic growth target based development. Recently, released Earth Overshoot report highlight western countries utilise resources which would take nine Earth to replenish. Mahatma Gandhi, once said that the mechanisation and reckless industrialisation will need nine more earth.

Hence, The economic growth based target is not only misleading but move our effort in wrong direction. We need to understand the essence of human development. We need to explore the positive implication of human development based approach of developments.

Human development is based on principle of human as an end in itself. It relates with overall well being of Individual.

Remarks

Access to basic resources like food, education, health, better environment. This signifies human life is not mere animal existence but a dignified life. It aims to end poverty. In words of Amartya Sen, poverty is deprivation. Human development is tackling deprivation through capacity development. It aims to make responsible citizens. Without responsible citizen, no country can become great and also by dwarfing its own people, no state can grow.

Economist like Amartya Sen, Mahbubul Haq devised Human development index based on life expectancy, education and health to measure development. ~~Gross~~ Gross Happiness product, advocated by King of Bhutan, also measures human development in some aspect.

Human development aims for Inclusive growth. It targets toward marginalized and Sub-altern class. Sustainable development goals

Remarks

of United Nation is also ~~based on~~ centred to human development.

Human development generates social consciousness. It develops an urgency of women empowerment. Women is the pillar of family and led to better development and nourishment of children. Human development creates scientific temperament. Recent death in burari is example of lack of overall human development.

Human development generates democratic consciousness. It creates awareness and motivates for political participation. Rising awareness toward civil rights, human right, feminist movement are by-product of better human development. Without community participation, there can not be good governance.

Human development is accumulation of intangible wealth and a value in itself. It is of intrinsic value and contribute to better society. Cultural development, Social harmony, tolerance can be attributed to higher human development.

Remarks

With the onset of Liberalisation, Privatization and Globalisation; Government has shift its welfare model toward Capacity development, Capability approach and human development.

Beti Bachao, Beti Padhao is most effective intervention in human development of women ~~and~~ targeting toward negative sex ratio. It is social revolution in itself. National population policy targets at containing population which will go much farther in achieving human development. The Ban of alcohol in Bihar, Black magic ban in Maharashtra and Karnataka are some steps in this regard.

Indian government introduced 73<sup>rd</sup> constitutional amendment to bring grass-root democracy. The development of India is rural development and panchayati Raj is most effective in this

Remarks

regard. The vision of Swarajya and non-violence toward nature of Gandhi can not be realized in much better way than through Panchayati Raj. It aims at self-sufficiency of village and poverty eradication. Though much needed effort and political will is needed in this regard.

The skill development of youth has been much realized. Government through Pradhan Mantri Kaushal Vikas Yojana, strive to provide employable skill in the people. Inclusiveness by skilling marginalised minorities in their traditional skill through USTAAD and showcase of that through Hunar-haat is effective step in this regard. Nai Roshni Scheme for women skill development of Left-wing extremism areas are also one of the most effective intervention.

Hence, Development means only human development has been realized and the efforts and policy of government

Remarks

is ~~more~~ much effective to attain that. However, Human development in itself lead to higher economic growth which will be sustainable & inclusive.

"Sarv Bhavantu Sukhenaam" May all be healthy and may all be happy, this can't be much emphasized through the principles of constitution which is centered toward human development.

—X—

Remarks

HEALTH IS NOT VALUED TILL  
SICKNESS COMES.

Mahesh is a hard-working professional in a multi-national corporation. Due to his busy schedule, he could not keep up with physical exercise, relied much on fast-food. He got heart-stroke one day and unfortunately died. He was the sole owner of his family. His family left stray.

The above Scenario highlights the consequence of neglect of health and lack of any preventive health measure.

Health is state of well-being. Health is intangible wealth which is of intrinsic <sup>value</sup> ~~wealth~~. It makes us more productive, effective and efficient. Someone

Remarks

Slightly said, if wealth is lost, nothing is lost, if character is lost; something is lost and if health is lost, everything is lost.

The essay will discuss the possible reasons of people not valuing their health, then the government's step in regard of Preventive health care and how we can strengthen the system. Then we will conclude the essay.

Socially, people tend to be problem-solving rather than proactive ~~idea~~ before hand identification of problem. This is the core issue of people neglecting their health when they are healthy. We generally tend to not value the thing which we have.

By 2030, India will be global capital

Remarks

of Non-communicable disease. The cause of non-communicable disease is lack of healthy practices. Relying on fast food, altered life-style, Lack of physical exercise is major factor among many. These are part of preventive health care which we will follow when we will value our health before sickness.

Deadly disease like Malaria can be effectively controlled by medicinal nets. However, Research shows that many people not tend to use nets which they got free from government.

Oral rehydration solution (ORS) is the most effective intervention in preventing diarrhoea. Diarrhoea is the chief-killer of children which is as high as 0.8 million in case of India. However, people tend to rely on medicine. There is unique affection toward over-medication.

Remarks

People discard those doctors who give less medicine.

Beside Social issues, there are economical challenges as well. About 21% of India's population live below poverty line. One question important here is "Are poor really hungry?" Research based on Random Control trial by Professor Abhijit Banerjee and Esther Duflo in their book Poor Economics shows that poor tend to shift toward more tastier food with rise in resources either due to subsidy or rise in income. They tend to ~~eat less~~<sup>eat</sup> meat and eggs more rather than nutritious worse cereals. This cause huge ~~nutritio~~ lack of nutrition among poor.

Global Hunger Report by International Food policy and research institute shows

Remarks

almost one-fifth of stunted child and one-third of wasted child of world reside in India. This is of serious concern which results into poor health and hence lack of productivity and efficiency.

Health is not valued before sickness can be much emphasized by environmental condition prevailing. The air pollution prevailing in Delhi has the capacity to give <sup>serious</sup> respiratory ailment. ~~The~~ The children are the ones who are going to be most affected because of this.

Lack of sewage treatment ~~is~~ ~~is~~ of water coming from basin area of Ganga has polluted the river as never before. The rise of choliform bacteria and microbes has made it unusable. There have been report that dip in Ganga water amount to increase in antibiotic

Remarks

Resistance.

Hence, Not valuing the health before Sickness have serious repercussions on Overhealth of Society as well as Individual.

Government has launched Swach Bharat Program in order to clean India by 2019 to commemorate 150th birthday of Mahatma Gandhi. This is most effective intervention in preventive healthcare. Toilet in each house can go a long way in improving the health of Individual as well as of women who had to wait till appropriate time.

Clean Ganga Mission - an allout scheme for cleaning river Ganga is

Remarks

another step toward preventive health. Sewage treatment plant at Haridwar, Allahabad, Varanasi will ensure clean water finding path to Ganga.

Indian Government should consider Bhushan Committee recommendation of Social physician to take overall aspect of preventive healthcare. Presently, we have ASHAs worker targeted toward maternal health only.

Almost half of adolescent girls are facing problem of anaemia. Indian government has intervened through Folic acid and iron tablet supplement provided to girl child. Ministry of women and child each year celebrated National nutrition

Remarks

week to target better nutrition, as an  
step in preventive health.

Delhi government target to control  
breeding of mosquito itself, to  
prevent malaria and Dengue is <sup>one</sup> of the  
innovative and committed steps toward  
preventive health.

children are the ambassador of  
society. There need to be awareness of  
preventive health through inclusion in  
our education system. It can go a long  
way in preventing non-communicable  
diseases.

Apart from that, Government  
need to control adulterated food.  
~~to control~~ This has been major cause  
of people falling sick.

Remarks

Hence, Health <sup>should be</sup> valued not only when we fall sick but when we are healthy, because healthy mind resides in healthy body only. This awareness of preventive health is near to sideline must be brought into public discussion. It should be part of public debate as it has consequence on overall human development, economic growth and development of nation.

— X — .

Remarks

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~~People in fortunate position~~

Health is not valued till sickness come  
 overdoe → ~~in~~ ✓

- ① Health → ~~what~~ State of well-being.  
 Product cap after what extent.  
 Integ. b/w health  
 unrealized asset.

~~why it is not valued?~~  
Issues

① social → problem solving approach  
 broad view of health

- ① ORS → diarrhoea.  
 ② malaria medical nets (new use)  
 practice of oral medication

③ Non-comm disease,  
 ↳ ① lack of ex.

physically  
 rely on fast food  
 altered life style.

②

political

→ Health not issue of political debate. Even  
 can't even buy much debt.

Economic

Are poor really healthy?

Better nutrition → ex → coarse cereals  
 vs meat.

Remarks

21% below poverty

malnutrition.

Globally HHI index. rank at 100th posn.

(one fifth of studied child) (one third of wasted children)

environmental

SPEL 2011

- ① cleanliness  
 better skin  
 healthy lifestyle  
 clean ~~pollution~~ environment

what should be done

② Education →

- ① children as ambassadors
- ② park.

③ environment → Swach Bharat, toilet.

④ Social physician

(1) ~~Plurality~~ National nutrition Proj.

④ Ayushman Bharat  
 Anemia, distal folic acid folic acid  
 and chd.

Dengue & malaria areas → not allow mosquito to breed.

Remarks

Govt. initiatives

- Social :-
- ① Beti Bachao, Beti Pondhao.
  - ② National population policy say at TFR 2.1
  - ③ Ban Alcohol in Bihar
  - ④ Acts to control black magic in M.T.

Politically → 73rd & 74th amendment act  
democratic form.

Effect by Election com in National Assembly

Economically:-

(Q2)

- Pradhan Mantri Kaushal Vikas Yojana
- Inclusion by <sup>Skills</sup> ~~marginalised~~ communities  
Gujarati menu thru Sikkh VASTAARD
- Nai Roshni Scheme → skill development  
Prof. in LWC areas
- STRIVE & SANKALP → for poverty  
demon slayer skill with help of  
world bank.

① conclusion.

Remarks

Human development

- All man as end in itself
  - overall well being.
  - High life exp.
  - ~~end of poverty~~, access to basic resou. edu., health, etc
  - Human dev - enjoy peace
  - Poverty is defn. → Human dev. is end of deprivation.
  - Capacity creation. Responsible citizen → no. un-
  - No country can become great by depriving people
- human development is need.

Some tool  
for what  
all of why

- Inclusive growth.

- Sustainable development SDN → focus on hum.devel.

- High prospect in life.

Socially → consciousness toward social eqy, women & life off foul

① ~~poor~~ women empowerment that lead to better involvement & dev. of child & thus better society.

② practice of social evil like black magic, and other soc. sins like death, lack of scientific fun because of lack in human develop.

(2)

NE economically →

High Ad → will

Political devel.

Community for democratic decent

✓ democratic conviction

✓ political participation

✓ concern toward civil rights & values of political life

✓ demand driven

Remarks

This has economic implications of  
poverty reduction, emplo.

Development means only human development, all other measures of growth are misleading.

①

### Measures of growth

- GDP, Per capita Income.
- Terms of Production, Nation as a whole.

Why this are misleading

- inequalities
- Josten growth example of India
- paradox of misery state of life with Gaurav Park, slum areas, corps on traffic, etc.
- (4) - Negative externalities
- climate change
- paradoxa Earth overshoot report.

Gandhi:- nine earth

- ② - Social negativity.
- consumerist culture
  - production driven not need based.
  - plan vs ours market vs ours.

- ③ - Political uses.
- The measure of growth as political tool
  - support of Industrial development viscosity
  - many w/o environmental implication.
  - economic growth as end in itself not means to all human growth

- ④ - Economic
- inequality of income
  - Josten growth.
  - P-

Remarks

- deep divide in eco.