

# **G|S|SCORE**

**An Institute for Civil Services**

## **IAS TOPPER'S**

### **TEST COPY**

### **PRADEEP KUMAR DWIVEDI**

**Rank - 74**

### **Essay**



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**ESSAY**

Time Allowed: 3 hrs.

Max. Marks: 250

**Instructions to Candidate**

- Both sections are compulsory.
- Attempt an essay from each section.
- Each essay carries 125 marks.
- Write each essay in about 1000-1200 words.
- After finishing the first essay, attempt the next on a fresh Page.
- Any page left blank in the answer-book must be crossed out clearly.

**Remarks**

(Examiner will pay special attention to the candidate's grasp of his/her material, its relevance to the subject chosen, and to his/her ability to think constructively and to present his/her ideas concisely, logically and effectively).

Name Leicedeep Kumar Deeviredi

Mobile No. \_\_\_\_\_

Date \_\_\_\_\_

Signature [Signature]

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2. Invigilator Signature \_\_\_\_\_

**SECTION - A**

1. The ladder of success is best climbed by stepping on the rungs of opportunity.
2. If you know the enemy and know yourself you need not fear the result of a hundred battles.
3. Knowledge is the most democratic source of power.
4. People are not rational, they rationalise.

**SECTION - B**

1. Environmental crimes are more serious through their additional costs.
2. Feeding India: Turning From Food Waste to Food Security
3. Ideological dogma suppresses free enquiry essential to creativity.
4. Worst form of inequality is to try to make unequal things equal.

① Someone once famously said "we don't get unlimited opportunities to achieve ~~the~~ what we want, nothing is worse than missing an opportunity that can change our life" and whoever said it absolutely justified the importance opportunities ~~play~~ have, to be successful, to be at the place we dream. Opportunities are rare, those who reap them efficiently are the one world know forever to be it any great Gandhi, Messi, Ambedkar, or shabrukhan, Amitabh Bachchan etc. etc. . . .

yes we need opportunities to succeed; Afore said examples are testimony to the fact. ~~that~~ But are opportunities selective to only few? or they come to everybody? Do opportunities contribute to success? if yes how? what is success at the first place? If its absolute and only about name, fame? Is grasping the opportunity is about being opportunistic? Does success by any means is desirable or path travelled is equally important? queries are many, thousand

of example can be put to validate and answer these queries. Thousand of dots connect opportunity with success, how let's see in the following discussion.

The first and most important question which is to be answered is what is success? A buzzword the whole world chase day and night. Success is not only about fame, fame, money and luxury. It is a relative concept. for some even becoming billionare is next success and for another some getting two end meal is being success. Now the next question arises why there is so huge gap among two situations, answer lies in opportunities. Those who has resources and opportunities to reap those resources can dream bigger and achieve bigger, those who are starved of opportunities can hardly think of living a life others can dream. That is why success is different for every person on this earth and ~~is~~ opportunities are the major factor in differentiation.

How the next occasion is if opportunity decide success, is opportunity a store happening that it comes only to few. The answer lies in sensing the opportunity. Opportunities are not always easy to identify. Some times we need to see the invisible. Opportunity arrives in the form people denounce by terming it a crisis, opportunity comes in the form of hardship, hard tasks which people have failed to accomplish.

What requires to sense and reap these opportunities is the ability to take risks, courage and self belief. Mahatma Gandhi took the racial ~~as~~ discrimination as an opportunity to serve the humanity and shown courage to confront the mighty government. Many people were looking at the same problems daily, facing them but Gandhi shown that courage which was required to convert a crisis into opportunity and built up the whole world know him today. That's why he was respected and revered when he came back to India in 1915 and handed

Remarks

over the leadership of struggle for independence.

similarly is the example of chief minister of madhya pradesh. He took the opportunity to enhance the sex ratio and achieve loop institutional deliveries and madhya pradesh is the shining example of improvement in ~~women~~ maternal and ~~women~~ health.

someone rightly said that "opportunity dances with those who are already on the dance floor" Hence opportunities are not rare it just needs sufficient courage and self belief to sense them and grab them.

opportunities are important, courage and self belief is also important and ~~necessary~~ necessary but there is something else that is needed to succeed in life ~~is~~ that is consistency. once you get the opportunity, you grab it well, you get instant success but its your consistency that decides how your long your success is going to be sustained. The consistency means working your hearts out everyday, giving your best to your work as if

Remarks

Today is the best day to perform. Most evident is the case of Sachin Tendulkar and Vinod Kambli. Kambli was known to be much more talented than Tendulkar.

Both ~~other~~ debuted on higher note, but today we know Tendulkar as all time great whereas as Kambli was a ~~few~~ few match wonder? why? Because Tendulkar was not willing to relax after starting well. He himself said that he work everyday as if he is going to play his first match today. Tendulkar and Kambli is just one example. Consistency plays a big role and it indeed decides the sustainability of the success.

Hence we come to the result that opportunities are important and they play a big role in being successful. But does grasping the opportunity means being opportunistic? Grasping every opportunity for own success without justifying the ~~the~~ right means?

Remarks

Receiving opportunity and taking advantage does not mean being opportunistic and selfish opp. Someone may also justify that getting the opportunity to use foul means and get instant success is also about keeping the opportunity but this type of behaviour can only bring instant gratification ~~and~~ and success and in long run it will only bring guilt, self ~~the~~ dislike and feeling of lossiness.

for example "Plagiarism". we may get our research paper published but using the opportunity to ~~the~~ if we found some excellent paper on internet or at our friends home but this kind of publication will never provide the satisfaction of success. similarly using foul means knowing that we will not be caught is also the negative use of opportunities and success that follows such kind of behaviour is not long lasting and satisfying.

Remarks

Receiving the opportunity also does not mean hitting any one down. Climbing the ladder by dragging someone down in the race to come first is not justified by any angle. In a race to success we should not go blind to the extent that we start seeing every relation, every person as a ladder to success and as an opportunity of which we can make use.

The world knows you by how many people you made happy, how many faces you brought smile to, how ethically you travelled your path to success. Part is the ~~not~~ testimony to the fact that whoever is in a race to success turned opportunist without caring for means get doomed. Be it the case of Lance Armstrong or the cases of ~~of~~ African dictators who hesitated to blemish power by democratic means and used the opportunity of their arrival in power to usurp the government.

Hence it is clear that opportunities are the rungs that are to be climbed to step up the ladder of success and these opportunities may come in the form of crisis, disaster or some other risk which may require courage and conviction. Those who reap that opportunity climb the ladder of success efficiently.

To make the success long lasting and ethical respecting every relation, humanity is also important and ~~means~~ are right means should be used to travel the path of success.

someone rightly said everyday is an opportunity and we donot get unlimited chances to succeed. Hence respecting the opportunities that come our way, putting our heart and soul into it and making the world remember us is in our hand. lets pledge to ~~take~~ make this world a better place by receiving every opportunity in right direction.

*Remarks*

SECTION B

~~Issues & Trends~~

(2)

### Feeding India: Turning farm food waste to food security

We live in a era of contrasts. Every morning there are some who start running to burn their excess belly fat ~~at~~, simultaneously on same roads there are steering millions who start their day searching for both ends meal. Rightly said by someone "India is poor country of rich people".

According to various World bank and WHO reports India houses one third of total malnourished child; we house ~~the~~ largest population of stunted children as well as anaemic mothers. The weight gain during pregnancy is among lowest in India. We are a malnourished country, yet everyday thousands of tons of food is wasted and rotted, ~~streets~~ smelling roads of Delhi & other metros are live testimony to the ~~fact~~ fact. Lie top the chart in wasting the food.

Remarks

Occasions are many when we think upon this contrast and ~~constan~~ stark situations. what are the causes of such enormous food waste? Can this waste be converted into utility? ~~why~~ are why is India so low in nutrition charts? what is needed to achieve the food security and make India a healthy nation? Let's take these questions one by one.

First reflecting upon the habit of wasting food; India has a culture of showoff and extravagance specially some north Indian states are clear example of this. every marriage functions witness many dishes being served and wasted. Wasting and leaving some food on plate is considered the sign of richness. Wasting of food is not considered anti social in India and it is an accepted habit socially.

Similar is the example of rotting tons of wheat in fcf godowns. many people die of starvation and wheat and rice is gets wasted in fcf godowns. even many

• Remarks

members of parliaments raised this question in Parliament and other forums. The cause to it can be attributed to negligence and complacency. Officials and governments are not sensible to the need of the nation and loopholes of govt institutions are clearly visible when we read reports like these.

The problem is not only about food waste but it is also of unbalanced diet. Government policies and ~~an~~ subsidy given to some crops ~~have~~<sup>has</sup> led to overcapacity of rice and wheat (carbohydrates) and undercapacity of protein diet such as pulses, oil seeds etc. at one place we continue to subsidise some crops leading to ~~an~~ non diversification of crops and deterioration of soil quality which puts future productivity at risk, at another place neglect of pulses etc make us import dependent and vulnerable to price rise which make this component unaccessible and vulnerable to majority of population.

Remarks

Hence: culture of extravagance, ~~historic~~ defects in planning process, improper supply chain management and problem of exit from subsidies when the need & situation demands so are the monsters that led India to undernutrition, stunted growth, malnutrition and over consumption of ~~carbohydrate~~ carbohydrate in some cases.

Reflecting upon the problems only is not sufficient and wise; wisdom lies in thinking about the solutions ~~and~~ so as to turn the tables ; so as to change this culture of food waste into food security. ~~so~~ Also thinking and targeting that every person of this country should not only ~~be~~ be fed but fed well, with balanced diet so that he can grow well ~~so~~ so that every child gets the opportunity to develop and make his future bright.

So what are the ways to it ? Let's discuss one by one.

Remarks

The first and foremost need is to reverse the culture of wasting into culture of efficiency. In countries like Germany wasting food is considered a social evil and there are penal provisions in restaurants and other places if anyone wasted food. Similar culture can be developed into India by proper parenting. Since family is the first agent of socialisation and child starts learning its habits from family, every parent should be guided in such a way so that child ~~learns~~ gets the right learning. This can be done by ensuring training and guidance to mothers during pregnancy. ASHA and ANM can be used for this purpose effectively. Along with immunisation there should be lessons on not wasting food.

Similarly our school curriculum should also contain ~~no~~ chapters on not wasting food. This culture will definitely reap benefits in long run.

Remarks

second need is to implement proper planning  
~~to so~~ and develop storage capacity so that buffer stock can be used at the time of crisis instead of turning into useless decomposed grain. for that along with capacity development, need is to ensure accountability of officers and strict penal provisions if any case of such wastage is reported.

third need is to ensure crop diversification and develop self sufficiency not only in wheat and rice but also in pulses, oil seeds etc. and for this to happen government need to push policy structure in this direction. Helping pulse farmers and gradually withdrawing unnecessary benefits of wheat and rice so as to shift cropping pattern is needed as these water guzzling crop not only disturb soil nutrient balance but over exploitation of water has led to impending water crisis.

Remarks

The most important aspect to food security is the efficiency of distribution system. How distribution system depends upon efficient identification of beneficiaries and also efficient transfer of benefits with minimum leakages. Although government is taking many measures to digitalise the process and reduce the human interface still a lot is needed to be done to make people aware about their entitlements and ensure that every person get its due.

Government mechanisms are only one aspect of the problem. Food security may look only about handling the food or bat it is not so, food security is not only about feeding India, it is not an isolated island but it is a colony which needs to be complemented by education, skill development etc. Every aspect of Human development is connected. A more educated person is

Remarks

more aware about the needs of his child, and his child's mother. An educated mother is more likely to feed her child efficiently. Also education brings skill development which in turn ~~will~~ enhance the employment chances and raise in income, ~~raise~~ raise in income ~~will~~ bring increase in purchasing power which will bring stability in diet pattern.

Similar is the need of good health for bringing food security. A healthy worker is less likely to loss in working day and more likely to feed him and his family well. It is also about sanitation because non hygienic practices make all good diet ineffective.

Hence for feeding India and bringing laurels to the country every aspect of Human development need to be focused simultaneously. Education, Health, sanitation and all other aspects of Human

Remarks

development together will ensure that ~~now~~ no one sleeps hungry; everyone gets full opportunity to aspire for better future. For these dreams to turn into reality every citizen along with government and bureaucracy needs to be sensitized and ~~the~~ everybody needs to play its part effectively. Change is needed to come in both cultural, economic and political aspect and system of governance should be more efficient.

If everybody contributes his bit without waiting for miracles to happen, change is definite to come, progress is definite to come and India will ~~be~~ definitely become shining example of human development.

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<i>Remarks</i>	

If you know the enemy

Ladder of success Best climbed by  
Stepping up the rungs of opportunity

success

opportunity

Getting success

- \* Converting hurdles into opportunity
- \* Reaping every opportunity

what is success

what is up

opportunity dances with more already on the  
Dance floor

Polying an opportunity to get better dont waste it  
we do not get unlimited chances to get it

- Chits Examples:
- \* Narendra Modi
  - \* Shekhar Singh Chauhan
  - \* Dr Raman Singh

PV Harsimha Rao - This is opportunity

To be great & persi you need great disaster

Gandhi → served opportunity as critic  
or keeper Heir?

Remarks

[ opportunity ?  
 success ?  
 = ]

Hard work smart work sensing in opportunity

form of opportunity : crisis

Ex. America

means and ends = first means

not being opponents

Respecting individuals, not letting any one down, sport spirit not me

second race to success

history

] ancient →  
 medieval →

we know only those who exploited the opportunities  
 and all difficulties

Remarks

= food waste → food security

We live in the era of contrasts. wake up earlier to  
burn the fast because they ate excess

India (1/3) → malnourished,

why now when?

→ food security

Food waste → scarcity

→ frustration → Historically

(2/3)

what is food waste? → cultural → extravagance slowwaff

Ex. German culture? → not wasting the food  
fruits

→ lack of planning and complacency

→ FCI → Rotting wheat

→ economic inequality

lcap

Ric

over diet → carbohydrates

→ seeking protein

sustainable agriculture

poor health of  
rich people

wheat food security

Planning

Diversification

food processing

→ supply chain management

suggets

→ bill

→ more roads

→ storage infra

→ forward linkages

Remarks

→ using this

Remarks

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*Remarks*