



An Institute for Civil Services

IAS TOPPER'S

TEST COPY

ROHIT NEMA

Rank - 635

Ethics

ETHICS, INTEGRITY AND APTITUDE

Time Allowed: 3 hrs.

Max. Marks: 250

Q.	Marks	Instructions to Candidate
1.		<ul style="list-style-type: none">• There are 19 questions.• All questions are compulsory• The number of marks carried by a question/part is indicated against it.• Content of the answer is more important than its length.• Answers must be written in the space provided. <p>Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.</p> <p>5/10/2012</p>
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Name ROHIT NEMA

Roll No. _____

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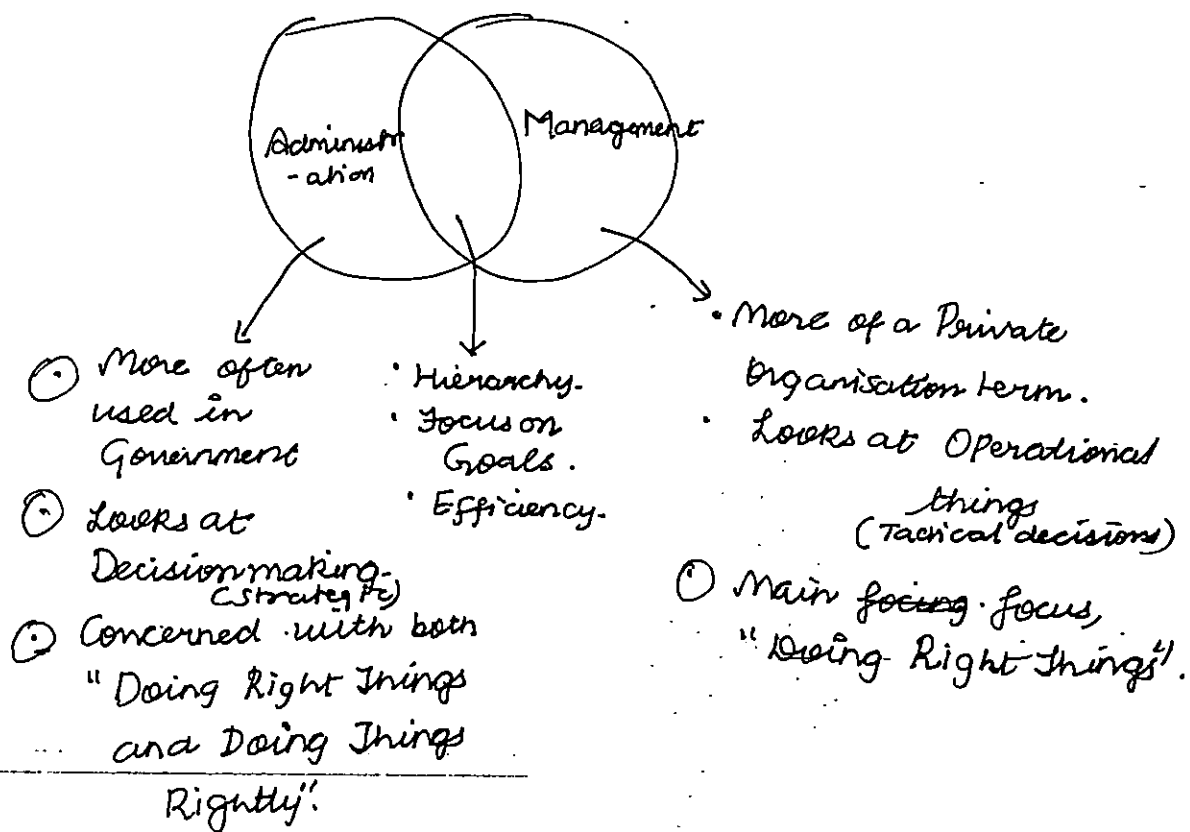
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SECTION - A

Q1. What is the difference between management and administration? What do you mean by a formalized administrative structure? How does it help in administrative management?
(150 Words) (10 Marks)

Ans1:- Management and Administration are the Key to achieve any Organisational Objectives. While they overlap they have significant differences



Formalized Administrative Structure:-

- ↳ one which is more bound by:-
 - ↳ Rules
 - ↳ Hierarchy
 - ↳ Discipline
 - ↳ Defined Flow of Communication

Remarks

Generally such organisations are Bureaucratic in nature and follow Max Weber's dictum.

However, the formal administrative structures are insufficient in contemporary times due to changing environment around.

But, still it is INDISPENSIBLE as it helps in:-

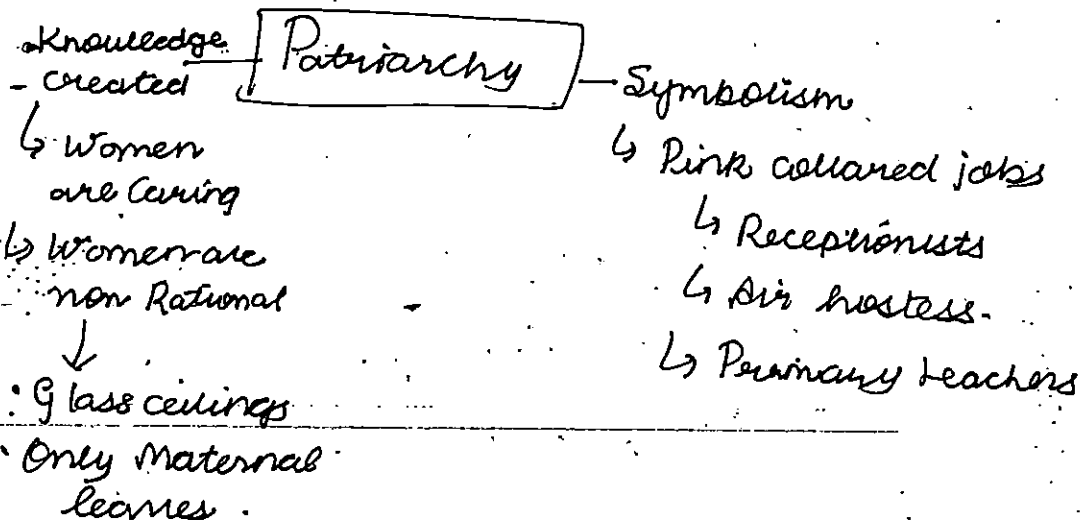
- ↳ Making Organisations predictable
- ↳ & Enforcement of Rules.
- ↳ Better in calm environment, that is not susceptible to change.
- ↳ Helps Top management take Decisions which are more STRATEGIC in nature.
- ↳ Is in line with Principles of Planning, Budgeting, Coordinating etc.

Remarks

Q2. What is essentialism? Do you agree that men and women are suitable only for certain kind of administrative assignments and so assignments should be gender sensitive?
(150 Words) (10 Marks)

Ans 2- Essentialism relates to the work based on the situations ~~with~~ they face. In such cases, there is no predefined set of rules, and wherever they exist are flouted because of lack of alternatives.

The global world is Patriarchal in the sense that even Administration is not free from it.



But, Administrative Assignments deals with issues related to:-

- ↳ Leadership.
- ↳ Coverage.
- ↳ More Use of mind than muscle

Remarks

Therefore, I believe that such culture should go away & with.

Possibly times are changing,

- Many countries have allowed women to be part of the Combat Forces {US, Israel}.
(India too considering)

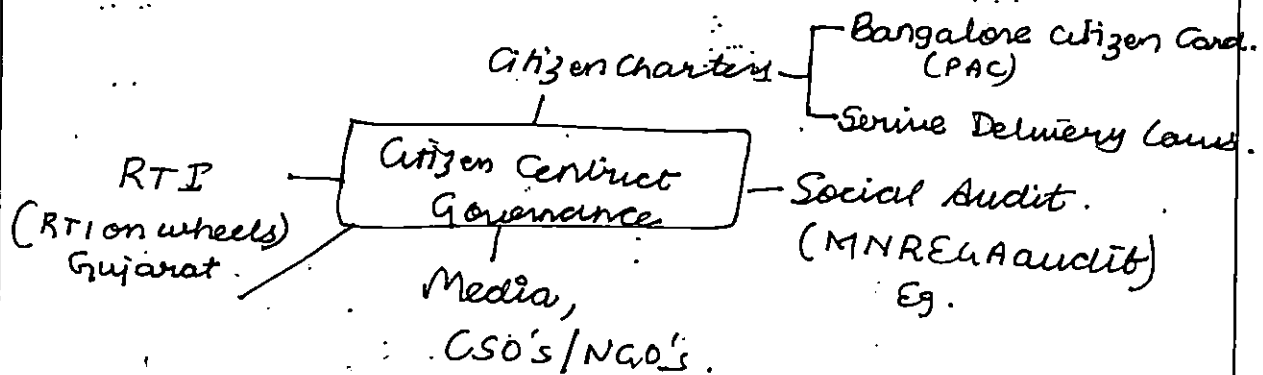
- Our Defence Minister is a Female, with no other country having the privilege.

So, the assignments and responsibilities are blurring, which is the need of the hour in order to have a Sustainable and inclusive growth.

Remarks

Q3. It is rightly said that governance has to be ethic-conscious since its entails efforts towards ensuring public well-being however, the hierarchial system and lack of accountability creates more ethical problems than it solves. Why? Enlist the instruments required for making the citizens an integral part of the governance. (150 Words) (10 Marks)

Ans 3: - Governance is a two way street. It can only be successful when both are involved.



In order to ensure Citizen Centric Governance takes place: -

- ↳ Citizens should be made aware of their Right.
- ↳ Shift from ENTITLEMENTS to EMPOWERMENT approach.
- ↳ There needs to be Good Governance which is through Transparency and not Secrecy!

Remarks

→ The Attitude of Governance needs to be changed — From Masters (Colonial hangover) to Welfare Orientation.

→ Citizens too on their part should be "DEMANDING" — { Concept of Citizen Charter works on Demand rather than Supply }.

→ The role of media gains immense importance.

↳ Spreading awareness.

↳ Dispelling myths.

↳ Empowering people.

These instruments although are implemented in letter but not in spirit. A shift in approach may make any Governance, Good Governance.

Q4. Regular elections ensure that the citizens are not stuck with bad leadership but this phenomenon of regular election is the biggest reason for decrement in the ethical conduct of leaders. How can you justify the importance of free and fair election in the democratic system?

(150 Words) (10 Marks)

Ans 4:-

The success of any Democracy is measured by the Elections. India, is one such proud Democracy, which ~~only~~ strengthens the Democracy.

Importance of free and fair elections:-

- ↳ In a representative Democracy, it represents WILL of the People.
- ↳ Since provisions of RIGHT TO RECALL not there, citizens if did not choose right ~~Candid~~ legislators will suffer Bad Governance.
- ↳ Elections should be free of Money and muscle power — which gives each individual to fight and contest elections.
- ↳ Rigged elections, not only discredits Governance Government but also creates a bad image and loses trust of Citizens and outsiders on the system.

Remarks

In order to ensure that elections are fair --

↳ Election Commission has had various reforms --

↳ Disclosure of assets

↳ & EVM machines

↳ SC ⁱⁿ various judgements {Lily Thomas case}

↳ Even 2nd ARC, Dinesh Goswami committee,

Lew Commission have recommended for

State (Full or Partial) funding of elections.

Thus, realising the importance of free and fair elections and strengthen Democracy,

And various measures are taken and

many more are pending to

make Democracy more

Robust.

Remarks

Q5. How does epistemology help a judge in the court of justice in making judgments in case of social and religious beliefs (jalikattu or triple talaq)? Explain role of epistemology in administrative decisions through an example. (150 Words) (10 Marks)

Ans 5-

Epistemology relates to the procedure to be adopted in study of a Discipline / Subject.

At various points of time the courts have given judgements only based on Facts available, but the Principles of Natural Justice require it to study from how the study case in question is affecting the society at large.

For example — in Jallikattu ban case, the damage it causes to the animal is ~~not~~ much more than the continuation of practice.

Similarly, Triple Talaq. Verdict was given due to the historical atrocities on Muslim women.

It is no more a question on only law. Ethics is an integral part. Justice is through both.

Remarks

In Administrative Decisions:-

Similar to Courts, administration is bound by Rules and Hierarchy.

Here, epistemology can help in ~~st~~ knowing

How to deal with the situation concerning various facets —

For example:- In helping an old lady, who ^{getting ration card} does not have identity proof. After preliminary verification, ~~it~~ I would extend my support to her, & so that Empathy prevails over unjust Rules.

Remarks

Q6. Which should guide a police officer deciding to fire or not to fire on a protesting mob- 'deontology or consequentialism'? Give reasons. (150 Words) (10 Marks)

Ans - Deontology is a means oriented approach whereas Consequentialism relates to the Goals aspects only.

A police officer while deciding to fire should look at :-

- ↳ Whether other options available?
- ↳ Is this the best I can do?
- ↳ How sure I am that it will not have unintended consequences?
- ↳ Will it lead to greater good of Society.

These questions are mainly KANTIAN in approach and needs to be first observed before firing. Thus Deontology works better for Police.

In the quest for answering these, the officer may devise some other means through which he/she can reach the

Remarks

Same goal. For example, arrests or through use of media as a warning (final).

Thus, in this way by not only focussing on Goals, a police office can serve better and which can lead to betterment of Society (Ultimate goal of both).

As any Utilitarianism, will although favour majority but on JUSTICE if one gets killed is DERIVED which is not TRUE JUSTICE.

Remarks

Q7. What is the relation between vision and mission? How does building camaraderie help in achieving vision and mission in an administrative set up? How can camaraderie be developed?
(150 Words) (10 Marks)

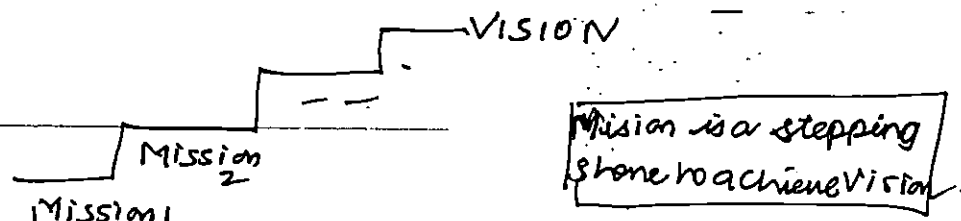
Ans 7:- Vision and mission are two statements which serve many purposes —

- ~~It~~ ^{They} helps defines organisation
- ~~It~~ ^{They} helps to connect with stakeholders.
- They give a sense of purpose.

But there is a difference between the two :-

- ↳ while VISION is long term orientation
- ↳ MISSION is more tactical, and purpose of existence.

Vision is broader than Mission.



Importance of Camaraderie :-

- ↳ It helps achieve a unified structure.
- ↳ It prevents Sub Organisations becoming a goal in themselves.

Remarks

- ↳ Helps achieve Coordination.
- ↳ Develops Positive Attitude among people.

Developing Camaraderie :-

- ↳ To Improving Organisational Culture.
- ↳ Human Orientation ^{also} rather than Work Orientation only.
- ↳ Helping people achieve their Individual Goals too in quest of achieving Organisational goals.
- ↳ Making Clear Vision and Mission Statements.
- ↳ Through Management By Objectives Techniques, where growth of one is related to others — Progressive and Inclusive

Remarks

Q8. One of the foundational value of public service is 'Selfless Service'. But life is not so black and white. There are grey areas that pushes to compromise with situation to survive. In this context critically analyze and illustrate whether a civil servant can serve 'selflessly'.
(150 Words) (10 Marks)

Ans 8: - "Life has its own shades of Grey".
- SELFLESS service, is critical but people have their apprehensions -

1) Values are always part of Decision. —
Difficult to be Value neutral.

2) - As human beings, Society, Family has a deep influence - Difficult to isolate.

But following could be suggested -

↳ Accepting Kantian approach to work Selflessly as far as possible.

↳ A Pareto Optimality suggests Improving Condition of 70% of some without making others worse off.

↳ Adopting ~~Proven~~ Principles of
• Integrity • Honesty -
• Objectivity • Empathy.

not only in Professional but also in Personal life - Value Orientation.

Remarks

As Vivekananda said.

"Service to mankind is service to God's.
One must try and reduce the
ATTITUDNAL INCONGENCE

and must be actively involved in achieving
Conguence.

In this context, Gandhiji's Talisman ~~is~~
is a guide where how it impacts the
poorest man will guide the acting

Remarks

Q9. What do you mean by Trust? How this value will help you in becoming a good Civil Servant? How a Civil Servant can sustain trust in his entire career? What are the challenges in doing so?

(150 Words) (10 Marks)

Ans 9: - 'Trust' is an important virtue, which guides the relationship between two individuals. It has great power which can drive the individual's life towards enlightenment or darkness.

For example:-

• Trust of my parents on myself, that I will not indulge in corrupt practices, on becoming a Civil Servant - will guide my actions.

• Trust of people on a ~~new~~ Civil Servant Armstrong Pame, and his capabilities helped constructing 100 Km road in Nagaland ^{North East}.

Retaining Trust:-

As ~~Pls~~ Aristotle says, HABIT and PRACTICE is the Key to achieve Virtues.

Remarks

→ Retaining Trust requires consistently delivering on what is said.

→ Here Integrity plays a major role.

{ what you believe is what you do }

→ Also, a Civil Servant should not only be Trustworthy but also appear to be.

CHALLENGES: —

↳ External forces are always disturbing.

↳ Making difficult choices.

↳ Expectations raised.

↳ Scrutinised in detail & every action.

But if one is committed towards it, these challenges are only temporary in character.

Remarks

Q10. "Where law ends, discretion begins, and the exercise of discretion may mean either beneficence or tyranny, either justice or injustice, either reasonableness or arbitrariness". Discuss with reference to the need of ethics in administration.

(150 Words) (10 Marks)

Ans 10. — Law is a moral minimum.

- ↳ We cannot have laws for everything, Discretion is there — and hence need for ethics.
- ↳ Ethics encompasses law in its fold.
- ↳ Sometimes Legality ~~is~~ clashes with Ethics, but congruence desirable. But ethical practices should prevail.
- ↳ Eg:- Doctor has Professional ethics to treat ~~a~~ even a Criminal but laws allows first FIR. — Value of life is more than Rules.
- ↳ Similarly, helping a needy person by flouting rules can be treated as Unethical.

Remarks

↳ JUSTICE is not justice EQUALITY (Law).
It is EQUITY (Ethics).

↳ mostly when faced with discretion,
Administrators resort to corrupt practices

"Power corrupts but absolute Power
corrupts absolutely".

Here, (2nd ARC recommendations)

- Code of ethics is needed.
- Transparency should be substituted
to Secrecy.
- Compassion, & Empathy should guide
Civil Servants.

Remarks

Q11. Despite his charity, his integrity and his loyalty, Karna, one of the mightiest characters' of Mahabharata suffers all his life. What a public servant can learn from the life of Karna?
(150 Words) (10 Marks)

Remarks

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Remarks

Q12. Do you agree that one major step for reducing malpractices in organisation is providing accessibility of complainants to people? As a head of the government organisation what steps will you take to provide access to grievance redressal properly?

(150 Words) (10 Marks)

Remarks

Remarks

Q13. Temperance and Prudence fetch respect from colleagues rather than the high intellectual level. Do you agree? Illustrate with example.
(150 Words) (10 Marks)

Remarks

Remarks

SECTION - B

In the following questions carefully study the cases presented and then answer the question that follows:

Q14. Ragging usually begin as an innocent tradition to get new students acquainted with each other but has gradually become a method by which anti-social elements of the institute assert their dominance on the campus.

You are Vice Chancellor of a university where 20000 students are enrolled. Every year the cases regarding ragging of fresher students by the seniors are reported. Recently a fresher student became victim of frequent ragging and sometimes violence when apparently he defied irrational and vulgar demands of the insensitive seniors. He complained to you related to that next day. Answer the following based on the above case:

- What would you do to restore the loss of self-esteem, to the victim?
- How will you remove the feeling of helplessness and being let down in freshers, for no fault on their part?

- If the students involved in ragging are identified, what will you do?

(250 Words) (20 Marks)

Ans.
The situation demands me (Vice Chancellor of the University) to make sure that the justice is done to the victim as well as create an atmosphere of fearlessness and retain "University as a temple of learning".

Following are the facts concerned

Students often ragged → Victims been asked irrational demands → Complaint filed → Action to be taken.

(a) To restore loss of Self Esteem:-

In order to do this, I would first personally ask the student to be open and know. He has made his situation deplorable and low self esteem.

Remarks

(2) Knowing this, I would make sure that adequate counselling is provided - either campus (me or some known psychology teacher) or through external help.

(3) The student & shall remain ~~anonymous~~ anonymous for this strict provisions to be taken - This will not make him guilty of facing other students.

(4) I would also make him assured that he has done nothing wrong, and will punish the seniors, if on enquiry they are found guilty.

(5) Simultaneously, on an informal basis, I would encourage teachers to recognise the boy's achievements and keep him motivated in the field (Studies or Sports or Cultural) where he has interest.

Removing feeling of helplessness

In order to ensure the students are secure, I would ensure two things:-

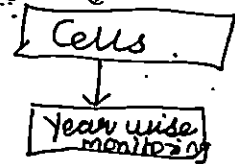
↓
Formal
mechanisms

↓
Informal
ways

Remarks

As a formal measure, ~~the~~ a strict Anti Ragging Squad will be formed in campus, comprising on Teachers and Elected Student Representatives. They ~~be~~ will form Branches and Cells according to various disciplines { strength 20,000 - Decentralisation is better }.

The students can directly go and complain to Anti Ragging Squad these structures and remove their feeling of helplessness.



As an informal mechanism, I would select ~~Students~~ as encourage the first year students to be more culturally involved so as to mix it with seniors early in their campus. Secondly, a MENTOR-MENTES programme where each junior is assigned to a senior and the seniors evaluation is done. { Part of leadership program to be introduced for seniors }. If students find any difficulty, they may ask their mentors, and remove ambiguities.

(C) When the students are found guilty:-

→ This is not an isolated event but a series of incidents. One has to set an example so as to not repeat the offence.

→ At the same time, the careers should also not be at stake.

So, if they are found guilty, their parents would be called, and they shall be suspended for a semester. This would be made sure that message goes to the whole university about the consequences of Ragging juniors.

Remarks

I will make sure that the Culture of Learning and deliberation prevails in University and serves as an example for others to emulate.

Q15. Consider this latest trend in the Indian society. Girls are coming out, that is new India. They work in late and night shifts. They travel desolate and lonely places alone or with their team mates and bosses for work. The mindset of a major chunk of educated and uneducated males both in India, however, has not changed as fast and girls remain vulnerable on bus stands, metros, roads, subways and offices. This is evident in almost all the metro cities and even in some small towns and villages. Answer the following questions:

- Suppose you are the police head of one such place where working girls are assaulted very often, what will you do to stop such a menace?
- If you have to have an interaction with Chief Minister and Home Minister of the state, what would be your suggestions for improvement of such situations in the metro cities of your state and small towns or villages?
- Will there be any difference in your approach with regard to metros and small towns/villages in this regard?
- Is there any need to meet people in this regard on the available forums in the area? What will you convey?

(250 Words) (20 Marks)

Ans. "The newness of a society is measured by the progress of its women" - Dr. Ambedkar

(a) As a head of police:-

↳ I would ensure two things:-

↓
Externally

↳ Deploy more forces and take strict actions against perpetrators

↳ Develop mechanisms for "Community Policing"

"Police is People,
People is Police"
- Peelian Principle

↓
Internal Organisation

↳ Would have more female Constables in the area prone to such incidences.

↳ Would sensitise the department about issues of women - Sensitivity Trainings.

Remarks

(b) Meeting with Ministers:-

I would suggest the following:-

- ↳ Formal Self Defense Trainings for Women.
- ↳ Real time helplines to be made effective.
(Use of e-Governance and m-Governance).
- ↳ Ensure that Public transport, & Infrastructure is according to women and her needs.
{ Eg. Compartments in Trains, Separate Space for women in Bus stops }.
- ↳ Giving more licence to Women Auto drivers, encourage Women Cabs. { Pink Cabs - Example }

(c) Difference between Metros and Rural:-

Women in Metros	<ul style="list-style-type: none"> • Self Reliant, Independent, Educated, • Knows law, knows Corporate working
Women in Rural India	<ul style="list-style-type: none"> • Less aware about her rights. • Dependent on males • Not much Societal interaction

Since the characteristics are different, it needs to be dealt with different ways:-

- ↳ Metro women - needs to have adequate infrastructure and facilities available. They are aware about things but lack of administration makes them prone to such things.

Remarks

↳ Rural women/Small towns:- They need to be first made aware of their Rights.

What is wrong is wrong, no if and buts"

↳ Secondly the boys need to be taught a significance of NO (when a woman denies).

↳ Also, NGO's and CSO's can be a great help here.

(a) The strength of a community depends on the mindset of its people.

The people should be:-

↳ Made aware of women issues. {Knowledge}

↳ Act and not just see when women are victimised. {Gather Courage}

↳ Be empathetic towards Women.

↳ Guide the "Next Generation" which is more violent and unstable.

↳ Adopt a mechanism to be part of Citizen Centric Governance.

Remarks

Q16. A young civil servant, after completing his training schedule, joined an assignment in a government department. He as a young and zealous officer tried to implement the ideas for change and improvement in the existing system by adopting innovative ideas and out of the box thinking, but found hierarchical set up too feudal in mindset to allow new thinking and experiment. He was very frustrated to find that he was just a small cog in the system with no say at all in the decision making. He also found that there was no mechanism to raise the issue without attracting the ire of his seniors. He decides to quit the job, which is too monotonous, onerous and lacking in space for new things and liberty to make things better. Answer following questions:

(a) What are the issues that a new entrant into the service face?

(b) Examine those issues and find possible solution. (250 Words) (20 Marks)

Ans 16:- A YOUNG CIVIL SERVICE IS THE NEW HOPE OF NEW INDIA

- PM Modi.

(a) After clearing one of the toughest exams in the country, the officers more often are dissuaded by the conditions they see in Government:-

① Theoretically mechanisms of Good Governance are established but:- { Issues in External? (Organisational)

↳ No accountability in System.

↳ Red Tapism - Hierarchy and slow decision making.

↳ Rules become end in themselves.

↳ Political nexus - Bureaucracy nexus.

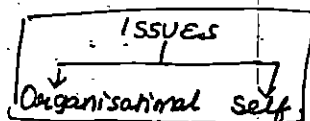
↳ & Still prone to Secrecy in working.

↳ Power of Decision making confined to top Positions.

↳ Lack of interest in

Remarks

Issues in Self:-



- ↳ The service was not the priority and hence got due to not the best rank.
- ↳ Lack of Patience and Change Orientation
- ↳ Difficulty in getting out from Theoretical world of Books and Classroom Trainings to a more REALISTIC world.

SOLUTIONS:-

As Gandhiji said, "Be the Change you want to see in the system".

~~The No. 1~~

There are ORGANISATIONAL issues, but one needs to be first aware of different mechanisms through which solutions could be found.

② As Rome was not built in a day, similarly a Civil Servant need to develop Patience where he can slowly and incrementally change systems.

③ Frustration is obvious, as theory and Practice doesn't match {Cognitive Dissonance} but needs

Remarks

to be more ~~focus~~ focussed on rather than Quitting.

As it is said, "No country is perfect, it needs to be made perfect".

② Regarding Attitudinal Issues:-

↳ One needs to make sure that one has acquired this coveted position, and is now responsible for the charge.

↳ Running away from situation (Quitting) is an act of Cowardice. The person would not have made a good administrator anyways, as the decisions are made in impromptu.

{ Knowledge - not sensory is a great Virtue }
- Plato

↳ Various Suggestions could be implemented:-

↳ Emphasis more on Field Training rather than Classroom Trainings.

↳ Reduction in length of training to give them better exposure early in career (Kiran Appraisal Committee).

↳ Choices must be filled after Orientation to various Services.

↳ Mentors in District Administration must be evaluated for the mentees (newly recruited) in their Appraisal ^{officers} (Seriousness).

↳ As examples of Assistant Commissioners in Central Govt. ~~Sources~~ started, some should be deputed in CM offices.

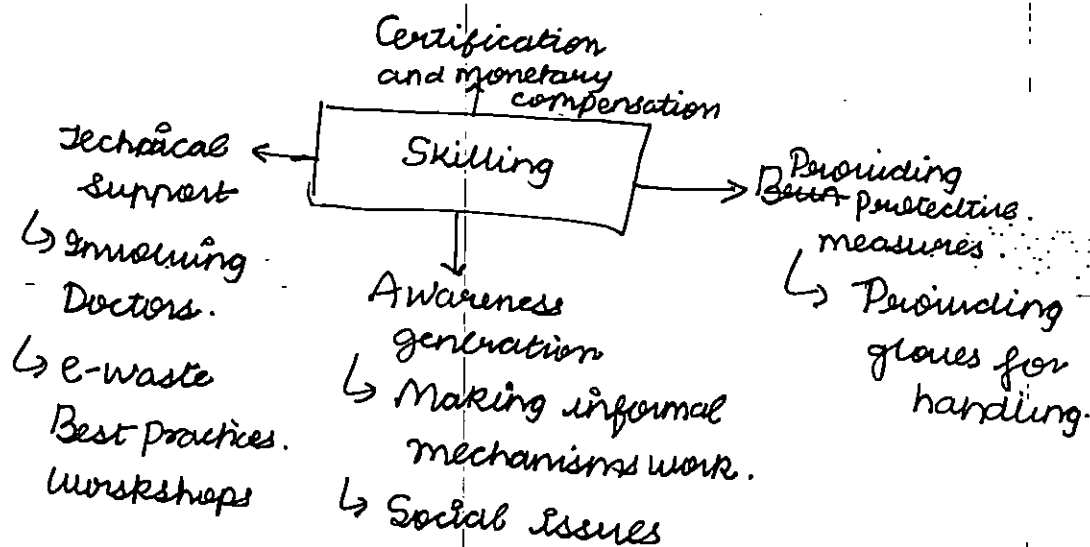
Remarks

Q17. Consumer Oriented growth combined with rapid product obsolescence and technological advances are new environmental challenge - the growing threat of "Electronics Waste" or "E-waste" that consists of obsolete electronic devices. Though the government has designed E-waste management rules but the implementation of it are poor. As a head of NGO what steps can be initiated to provide skill to the informal workers which are handling the e-waste and suffering from diseases arising due to it. Further how you may bring different stakeholders at one platform to initiate implementation of E-waste Management Rules.
(250 Words) (20 Marks)

Ans. E-waste has become a major menace and demands immediate attention. As a head of the NGO, I have two priorities:-

- ↳ Providing Skills to the workers.
- ↳ Involving different Stakeholders.

(1). Providing Skills (steps):-



Remarks

Remarks

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Remarks

Q18. You are a head of the IT department in government office. Due to the launch of Digital India programme, the work pressure has increased tremendously but you have poor manpower to handle the situation so you can either reduce the level of challenges to something more manageable or increase level of skill. But reducing the level of challenges is infeasible as you can't mould the outer circumstances. Hence, how can you improve the level of skill? How will you make sure that your colleagues accept the changes wholeheartedly? — (250 Words) (20 Marks)

Ans 18:-

The given case is related to ~~the~~ managing work Pressure and involves question of:-

- 1). Attitude towards work.
- 2). Emotional Intelligence.
- 3). Leadership.

To improve level of skill:-

- Treat Work as Learning and not as Work load — Shifting Attitude
- On the job trainings — Providing WEBSIDES and MOBILESIDES so the DIGITAL skilling uses DIGITAL platforms (not much burden).
- ~~Incent~~ Formalised Training Structures.
- Right men, at Right Job. — Scrutinising where People can chip in — Giving them more responsibilities — Vertical Loading Concept

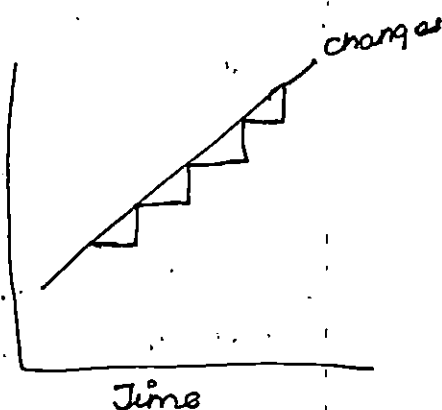
Remarks

→ Skills can be general improved by utilising services of Private Industry and experts.

CHANGES TO BE ACCEPTED: -

→ In any organisation, the changes must be according to the Capacity of Organisation to absorb - This needs

Level
of
change



LEADERSHIP to identify how much change is desirable and feasible.

Secondly, there needs to be EMOTIONAL INTELLIGENCE on my part, where I understand the concerns of employees -

↳ Overwork related problems.

↳ Technical - Skill not acquired problems.

Thirdly, there has to be an INCENTIVISATION structure:-

↳ Informal ways - "Pat on the back".

↳ Formal Organisational Awards -
"EXTRA MILER AWARDS".

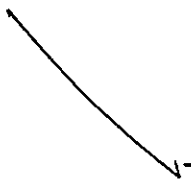
Remarks

FOURTHLY! -

- The organisation needs to be made ^{realised} ~~sure~~ the importance and Revolution they are bringing - DIGITAL INDIA .
[Being a part of the making is in itself an achievement] - Thus MOTIVATION is critical for them.

Any Organisation, which can bring a disruptive change and fulfills the demand of environment (external forces) is a Sustainable Organisation

By managing the current situation, I will make it a point that all future critical situations are dealt in a positive way as the current need



Remarks

Q19. Due to the contemporary developments in the information technology and convergence, the accesses of adults and children to media including variety of entertainment have increased. The children have impressionable minds and the quality of entertainment would have a bearing on them even when they grow adults. One moderately rich family has two children who have given mobile phones to their children with internet connection so that they can complement their studies with huge amount of information and aids available on the internet. Father encourage children to 'grow with the technology of their times' and rather than 'forcing discipline' on them. However, there is also misuse of information technology. The students are engaging in many undesirable activities outside the school, especially their exposure to many computer games (Blue Whale Challenge, Dead Space 2, Mortal Kombat, Medal of Honour, Call of Duty Black OPS, New Vegas etc.), which are known to be fatal and addictive, impinging on their education and value systems.

Answer the following questions:

- What steps parents can take to stop such new and pervasive kind of menace due to the unrestricted use of the computers and mobile phones?
 - What is the importance of "forced discipline" in this case?
 - How can discipline be sustained for a long time without discontent of the subjects?
- (250 Words) (20 Marks)

Ans: As Buddha's philosophy of Madhnamarg suggests, everything should be done in a controlled manner and excess of anything is fatal, the current case requires a balance between the use of technology for good and bad.

Steps by Parents:-

- There needs to be a strict check by Parents if they are giving so much freedom.

Responsibility is commensurate with autonomy.

- This could be done by:-

↳ Keep Frequent talking to their children and Keeping a know how of their performance.

Remarks

- ↳ While mobiles and internet are promoted, also there needs to be BOOKS which are given to children to read so they do not leave the essential habit.
- ↳ Asking them to utilise their time in a prudent manner by not giving access to it for 24 hours but a limited time.
 - { Encourage outdoor activities }

IMPORTANCE OF FORCED DISCIPLINE

- ↳ Discipline works best when it is Self Imposed.
- ↳ Given that not all parents in society, but particular family is ~~g~~ has given so much autonomy before, it was initially wrong on their part.
- ↳ If found that the children are involved in such games which are fatal, then counselling is a better mechanism.
- ↳ Also parents needs to devote more time, plan trips so that their addiction is reduced and gradually vanishes.

Remarks

- ↳ The Forced Discipline may have further negative consequences, as OVER REGULATION is already harmful.
- ↳ Having realised that Children are already not living to the faith and TRUST of their parents, Confidence Building measures are a need.

TO MAINTAIN DISCIPLINE FOR LONG TIME

- ↳ Only when the Children realise their Priorities.
- ↳ Internet can only be a medium of growth it cannot be life itself.
- ↳ SOCIALISATION is the need of the hour.
 - ↳ Involvement in Schools, teachers, friends.
 - ↳ Society interactions.
 - ↳ Proper mix of physical and non physical activities.
- ↳ Parenting supplemented by Friending
Children should be raised in a manner that they share their problems and

Remarks

↳ The core is SELF DISCIPLINE.

No external agency can help as much as a
Self Discipline works.

For this, Awareness about Self is needed.

Self Esteem should be not be low.

Thus,

the given situation needs a solution from
both the stakeholders — Parents and

Children themselves.

but more responsibility is of Parents as children
do not have knowledge and their ETHICAL
ACTIONS cannot be judged on the basis of their

INNOCENCE